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CMH Association and Member Activities:

CMH Association & Allies Host 15th Annual Walk A Mile Rally

On May 9, 2019, nearly 2,000 participants joined together at the Capitol Lawn in Lansing! The weather forecast included Thunderstorms, lightning, and heavy rain, but that did not deter persons that are served by the Public Mental Health System from showing up in droves! These citizens wanted their voices heard and they made it clear to Legislators that until they “Walk a mile in my shoes!”, they could not understand the needs of this population! We rally to enhance public awareness and to put an end to stigma related to Mental Health & Developmental Disabilities in Michigan. Together, we ARE making a difference! Thank you to all who participated, volunteered, braved the forces of nature, or contributed to making this event another successful Rally! We look forward to seeing everyone in 2020!



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TTI Recognized for Exemplary Practice

Below is a recent press announcement of the recognition, by a nationally renowned healthcare initiative, of Training and Treatment Innovations (TTI) as an exemplary Practice. Congratulations to TTI, which has been a longtime member of this Association.

Training & Treatment Innovations, Inc. (TTI) was recognized as an “Exemplary Practice” for measures the agency uses to provide value-based care. This distinction comes from Altarum, the Great Lakes Practice Transformation Network, and the Centers for Medicare and Medicaid Services (CMS) as part of the CMS Transforming Clinical Practice Initiative (TCPI).

TCPI is part of a series of programs that CMS designed to help health providers achieve large-scale transformation in the wake of the Affordable Care Act (ACA). TCPI was created to help doctors and other clinicians across the country achieve this transformation through collaborative, peer-based learning networks. Under TCPI are 29 Practice Transformation Networks (PTNs) that enroll and work with clinicians on developing core skills to transform care. TTI is an active participant of the Great Lakes Practice Transformation Network.

As the recipient of an Exemplary Practice award, TTI has demonstrated that systems and processes it has put into place have brought better value to payers and patients. TTI is meeting TCPI’s goals of improved care, better health and reduced cost.

Exemplary Practice award recipients are asked to present a Practice Performance Story that outlines the agency’s exemplary practices. TTI’s story was chosen as one of the Top 3 Best of the Best by TCPI. This Practice Performance Story will be available to health insurance companies and other payers, and will also be shared with other practitioners so that they may learn from TTI’s successful delivery model.

Don’t Forget About the 2019 PAC Campaign

Earlier this year we announced our 2019 CMH PAC campaign. We must increase our participation, last year we only had 15 boards participate in our PAC campaign. Please take some time over the next couple of board meetings to encourage your board and staff to participate in our 2019 PAC efforts. As you know, our CMH PAC is a key component to our overall advocacy efforts – the need to upgrade our PAC is greater today than ever before.

For those members who qualify for the drawing for the Tiger game suite (minimum 6 contributions per agency), this year’s game is on Sunday, July 21 at 1:10pm vs. Toronto Blue Jays. Members should forward the results of their campaign and donations to the CMHA office by June 28, 2019 in order to be in the drawing for the Tiger tickets if eligible.

Make checks payable to: CMH PAC ~ 426. S. Walnut St. ~ Lansing, MI 48933 (no corporate checks, please)

Thank you. Please feel free to contact Bob or Alan with any questions.

CMHA Committee Schedules, Membership, Minutes, and Information

Visit our website at <https://www.cmham.org/committees>

News from Our Corporate Partners:

May is Mental Health Month: Relias Provides Awareness-Building Resources

May is Mental Health Month and this week is Children's Mental Health Awareness Day. This year's theme is "Suicide Prevention: Strategies That Work," however, Children's MH Day is to promote the awareness of caring for every child's mental health.

We celebrate the many children's services providers in the Relias family and support the valuable and important work they do caring for children, youth, and families.

Take some time this month to promote mental health awareness, especially children's mental health, in your community. Celebrate your staff and the challenging and rewarding work they do every day.

[Children's Mental Health Blog](#)

Fostering Mindfulness-Based Resilience Among Consumer & Staff Populations

Work, money and health concerns rank as the top 3 stressors for American adults today. Research finds 63% of people report significant impact to their behavioral health comes from on-the-job stress, while 80% of individuals report functional impairment related to their depression.

Employers and providers can use resiliency-building mindfulness tools to not only reduce care costs, increase productivity, and reduce missed work, but also help individuals:

- Diminish anxiety, stress, chronic pain and insomnia symptoms
- Improve heart health and reduce blood pressure
- Feel more satisfied in life and at work through more purpose and commitment
- More effectively deal with adversity
- Form more successful relationships with others

[REQUEST A DEMO](#)

myStrength's digital Mindfulness and Meditation program offers evidence-based resources for consumers and staff, including diverse approaches that accommodate any schedule and lifestyle. And since even a quick 60-second activity can open the door to the benefits of mindfulness, these activities can be convenient to work into a daily routine. They also complement myStrength's self-care programs for stress, anxiety, depression, substance use (including opioid recovery), chronic pain, insomnia, and balancing intense emotions to offer a single, integrated platform that addresses a range of behavioral health conditions.

State and National Developments and Resources:

MDHHS Issues Announcement on Changes to MAT Access

Below is a recent letter, from MDHHS, regarding changes aimed at improving access to Medication Assisted Treatment (MAT)

Dear Provider:

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RE: Streamlining Medication Assisted Treatment Coverage Process

The Michigan Department of Health and Human Services (MDHHS) is making changes to increase access to Medication Assisted Treatment (MAT). The changes below will be effective for dates of service on and after May 1, 2019.

Initial 14-Day Supply Without Prior Authorization

MDHHS will allow pharmacies to dispense an initial 14-day supply of medications used in MAT without Prior Authorization (PA). This change will allow prescribers 14 days to complete a PA request for continued MAT.

Removing MAT Single Prescriber Prior Authorization Restriction

To further enhance coverage of MAT services, MDHHS is removing the requirement that limited MAT coverage to only the prescriber who requested and received PA approval. This change has the potential to reduce treatment disruption in the event there is a change in a beneficiary's MAT prescriber. This change will also enable the beneficiary to obtain services from more than one provider in the same practice, including different locations. This approach will be continued when subsequent PA's are submitted for renewal.

Any questions regarding this letter should be directed to MDHHSPharmacyServices@michigan.gov. Thank you for your continued partnership to care for Medicaid beneficiaries.

MHEF Issues Aging Initiative RFP

The Michigan Health Endowment Fund has recently issued a Request for Proposals (RFP) for its Healthy Aging Initiative. That announcement follows:

HEALTHY AGING RFP OPEN

The 2019 Healthy Aging Initiative is now accepting applications! We're seeking proposals in two categories: healthy aging and caregiving. The aim of this initiative is to improve access and availability of integrated, comprehensive services for older adults and their caregivers, delivered in a person-centered way.

Learn more about this opportunity and see the RFP at:

https://zoom.us/webinar/register/WN_XxuU1liETguVAyM7aNe3aQ

INFORMATIONAL WEBINAR: TUESDAY, MAY 14

Tuesday, May 14 at 10 a.m. we're hosting a webinar to walk you through the RFP and answer your questions. Find out everything you need to know before submitting a proposal, including:

- Program overview. We'll walk you through the Healthy Aging initiative and our focus areas.
- Criteria for funding. We'll let you know the types of projects we want to fund, as well as those we can't.
- Tips for a successful proposal. From concept papers to full proposals, we'll fill you in on what we look for every step of the way

Register for the webinar at:

https://zoom.us/webinar/register/WN_XxuU1liETguVAyM7aNe3aQ

Michigan Families Urged to Learn About Resources During Perinatal Mood and Anxiety Disorders Awareness Month

May is Perinatal Mood and Anxiety Disorders Awareness (PMAD) Month and Michigan women and families are being urged to learn more about PMAD and available resources by the Michigan Department of Health and Human Services (MDHHS) Division of Maternal and Infant Health.

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PMAD, historically known as postpartum depression, affect many Michigan families each year. PMAD is different and more intense than the “baby blues” that many women experience in the weeks after birth of a baby.

Symptoms can feel overwhelming and include depression, anxiety, guilt, irritability, anger, difficulty sleeping and eating, feeling disconnected from one’s baby and experiencing frightening and intrusive thoughts. These symptoms can appear during pregnancy and up to two years after a baby is born. PMAD can affect birth mothers, fathers and adoptive mothers.

“PMAD affects the physical health and emotional well-being of pregnant and postpartum women,” said Dr. Joneigh Khaldun, MDHHS chief medical executive and chief deputy director for health. “We must join together to increase awareness, reduce stigma and assist women with getting the support and treatment they need.”

For more information about PMAD and available resources, visit the [Maternal Infant Health Program website](#).

Senator Stabenow Visits Escanaba, Talks Addiction Programs

Below is an excerpt from a recent edition of the Escanaba Daily Press on the visit of United States Senator Debbie Stabenow to Escanaba to discuss the work being done to fight the opioid epidemic.

Delta County’s continuous effort to combat the opioid crisis locally was recognized by U.S. Senator Debbie Stabenow (D-MI) Friday morning.

Stabenow visited Delta County as part of her series of health care “check-in” visits across the state. Her “check-in” visits include her meeting with patients, providers and other stakeholders in various communities throughout Michigan to hear first-hand about their challenges and needs.

Delta County’s drug court program was recognized for its team effort in helping high risk, high needs people with addictions break their drug habits rather than sending them to jail or prison, which could contribute to a cycle of crime.

“The drug court here is so impressive — the work that’s being done and the coordination with the community and law enforcement and courts and mental health and addiction treatment services. It’s just, it’s very special the way people have come together here (in) Escanaba. That’s why I wanted to come and hear what was happening and how I could be of help,” Stabenow said.

District Court Judge Steven Parks spearheaded the effort of bringing the drug court program to Delta County. Since it’s inception in 2016, the program has seen six graduations with four more scheduled for June.

“We’re happy (Stabenow) is recognizing drug courts as a useful tool to address serious drug addiction. So we’re happy to show her our program,” Parks said.

The specialized treatment court addresses the root of many crimes — drug addiction — so those with addictions can learn to live without drugs and not re-offend, thus stopping the chain of crimes that often accompanies drug abuse.

“The process is incredibly gratifying for those of us who are involved because we see them typically at the height of their problem. They’ve just committed a crime of some sort, and then we spend — our program is 15 to 24 months. By the time they graduate we see the old self reemerge. We see them for who they once were. It’s amazing work to see that transformation,” Parks said.

The full article can be found at:

<https://www.dailypress.net/news/local-news/2019/05/stabenow-visits-esky-talks-addiction-programs/>

Incorporating Consumer Voices into Program Development: Q&A with Washington's Medicaid Director MaryAnne Lindeblad

Below is an excerpt from a recent blog by the Center for Health Care Strategies:

Medicaid programs are increasingly interested in fostering cross-sector alignment as a means to provide quality and cost-effective health care services. At the center of these efforts are the individuals, families, and communities that depend on the health and social services provided by the state. For MaryAnne Lindeblad, Medicaid Director for the Washington Health Care Authority, building opportunities to engage consumers and understand their perspective is crucial to continuously refining the state program that provides health care coverage to more than 1.8 million residents.

CHCS recently spoke with Ms. Lindeblad, a fellow of the 2010 inaugural class of CHCS' Medicaid Leadership Institute, a national initiative made possible by the Robert Wood Johnson Foundation. Ms. Lindeblad shared her approach for engaging consumers to improve the effectiveness of service design and delivery for Washington's Medicaid program.

The full blog can be found at:

https://www.chcs.org/incorporating-consumer-voices-into-program-development-qa-with-washingtons-medicaid-director-maryanne-lindeblad/?utm_source=CHCS+Email+Updates&utm_campaign=a11f4b07ef-MaryAnne+Lindeblad+Q%26A+4%2F29%2F19&utm_medium=email&utm_term=0_bbc451bf-a11f4b07ef-152144421

Mental Health and Faith Community Partnership

Back to Faith Community Partnership: The Mental Health and Faith Community Partnership is a collaboration between psychiatrists and clergy aimed at fostering a dialogue between two fields, reducing stigma, and accounting for medical and spiritual dimensions as people seek care. The convening organizations are APA, the APA Foundation and the Interfaith Disability Advocacy Coalition, a program of the American Association of People with Disabilities.

The partnership provides an opportunity for psychiatrists and the mental health community to learn from spiritual leaders, to whom people often turn in times of mental distress. At the same time it provides an opportunity to improve understanding of the best science and evidence based treatment for psychiatric illnesses among faith leaders and those in the faith community.

Resources for Faith Leaders



Mental Health: A Guide for Faith Leaders

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This guide provides information to help faith leaders work with members of their congregations and their families who are facing mental health challenges.

Download the guide



Quick Reference Guide

View the quick reference on Mental Health for Faith Leaders, a companion to the Guide.

Download the guide

State Legislative Update:

Suicide Prevention Commission Clears Senate

A new Suicide Prevention Commission would work with state departments and agencies to study the causes and possible factors that are leading to an increase in rates, under legislation the Senate pass unanimously this week.

Under SB 228, the 25-member commission would consist of unpaid members who would study the causes and underlying factors related to suicide and provide recommendations for state coordination on suicide prevention data collection and a coordinated state approach to the prevention of suicide. The committee would dissolve in 2024. The Community Mental Health Association of MI has an appointment to the commission.

"Suicide is a national epidemic and Michigan's suicide rate has been increasing at an astounding 33 percent over the past decade according to the CDC (Centers for Disease Control and Prevention)," Sen. Jim Runestad (R-White Lake) told his colleagues on the Senate floor. "Here are some facts about suicide you may be surprised to learn."

"Half of the people who die from suicide have no diagnosed mental health condition," Runestad continued. "Suicide is not increasing in every state. In some states it's actually decreasing. Overdoses account for only one in 10 suicides and in Michigan there are more deaths by suicide each year than traffic deaths and gun deaths combined."

The Suicide Prevention Commission would operate within the Legislative Council.

Under the bill, the commission would:

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- Prepare and present a preliminary report of its findings and recommendations to the Legislature;
- Within one year, prepare an updated report including information on existing evidence-based programs for suicide prevention in the state with successful outcomes;
- Annually review and update any recommendations; and
- Provide a process for state coordination on suicide prevention after the commission dissolves.

According to proponents of the legislation, the Suicide Prevention Commission that would be established under SB 228 would utilize state resources to compile data and develop a statewide action plan.

Federal Update:

House Bill Aims to Address Mental Health Workforce Shortage

A bill introduced in the House this week would establish a loan repayment program for mental health care providers who commit to working in designated communities with a lack of accessible care. The Mental Health Professionals Workforce Shortage Loan Repayment Act of 2019 (H.R. 2431), introduced by Representatives John Katko (R-NY) and Grace Napolitano (D-CA), seeks to address a critical shortage in the number of mental health care providers across the country.

While around 18 – 20% of the American population lives with some form of mental illness in any given year, there are only enough mental health care professionals across the country to meet around 26% of the need for services, and the gaps are much higher for residents in rural areas. Projections included in a 2016 report from the Health Resources and Services Administration (HRSA) show that, unless these trends are reversed, this shortage will grow astronomically worse by 2025 and will result in shortages of over 250,000 full-time equivalents across certain behavioral health provider types. Establishing loan repayment programs, such as the one proposed in H.R. 2431, could help to incentivize qualified students to pursue careers in the mental health field and contribute to changing this outcome.

“It is imperative we create a sustainable workforce of therapists, psychologists, and counselors who can meet the mental health care needs of the nation,” said Rep. Katko upon introduction. “This legislation incentivizes mental health care professionals to practice in underserved communities, improving access to treatment and improving the quality of care. Rep. Napolitano added, “We have no time to waste. We need robust investment in mental health in America.”

Education Opportunities:

NIATx Change Leader Academy

Wednesday, May 22, 2019

9:00am – 3:30pm (8:30am Registration)

Holiday Inn & Suites, 5278 East Pickard, Mt. Pleasant, MI

Registration Fee: \$140 per person (The fee includes training materials, continental breakfast and lunch.)

Limited number of attendees! [TO REGISTER, CLICK HERE!](#)

CMHAM and the Great Lakes MHTTC is proud to present a new training:

The *NIATx* Change Leader Academy (CLA) is a one-day face-to-face workshop followed by three months of peer networking and support from a *NIATx* coach. The CLA trains change leaders in the *NIATx model of process improvement*: a structured, team-based approach to change management for organizations large

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and small. Attendees learn how to select a change project, set a project aim, engage senior leaders and staff in the change process, and achieve measurable, sustainable improvements. Following the CLA face-to-face workshop, participants commit to carrying out a three-month change project focusing on one of the following areas: *Medication-Assisted Treatment; Recovery Oriented Systems of Care; Access to and Retention In Treatment;* or a different focus area of their choosing.

Who should attend: Anyone interested in leading change or improving service delivery in their organization: Senior leaders, managers, supervisors and front-line staff from behavioral healthcare, recovery services, criminal justice, and social services. The CLA provides both beginners and those with some experience in process improvement with the tools to lead change projects and teams within their organization.

4.5 CEs for Substance Abuse Professionals

Improving Outcomes Conference – June 6 & 7, 2019 – Traverse City

The Improving Outcomes Conference is a grassroots conference focused on supporting and improving the public behavioral health system in Michigan. Target audience for this conference is leadership and key staff from CMHSPs, PIHPs and Provider Organizations with specific focus on Information Technology, Quality Improvement, Finance, and Provider Network Management.

The conference is on 6 & 7, 2019 at the Grand Traverse Resort in Traverse City.

[Click Here for More Details and to Register!](#)

2 New Dates Added: Ethics for Social Work & Substance Use Disorder Professionals & Psychologists Trainings

Community Mental Health Association of Michigan is pleased to offer 6 Ethics for Social Work & Substance Use Disorder Professionals & Psychologists Trainings presented by Tom Moore, LMSW, LLP, CCS, Owner and Principal, Two Moons, LLC.

This training fulfills the Michigan Social Work Licensing Board's requirement for licensure renewal for ethics. This training fulfills the MCBAP approved treatment ethics code education – specific.

Trainings offered on the following date.

July 17, 2019 – Lansing [Click Here To Register!](#)

August 21, 2019 – Lansing [Click Here To Register!](#)

Training Fees: (fee includes training material, coffee, lunch and refreshments.

\$115 CMHA Members

\$138 Non-Members

21st Annual Wraparound Conference

DHHS/CMHA hosts the 21st Annual Wraparound Conference, "Innovating a Classic!," will be held on June 12-14, 2019 at the Great Wolf Lodge, Traverse City.

[For More Details on the Wraparound Conference & To Register Click Here!](#)

CMHA Annual Spring Conference Registration Open!

Registration Open for CMHA Annual Spring Conference will be held on:

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- June 10, 2019: Pre-Conference Institutes
- June 11 & 12, 2019: Full Conference
- Suburban Collection Showplace, Novi, Michigan

Hotel for Conference Attendees Overnights:

Hampton Inn & Suites
49025 Alpha Drive, Wixom, MI 48393
2.7 miles from Suburban Collection Showplace
Room Rate: \$109 plus taxes (includes hot breakfast buffet)
Reservations can be made by calling 248-348-0170, Hit 0 to go to the Novi property
Mention Code: MHS for discounted rate.

Country Inn & Suites
21625 Haggerty Rd, Novi, MI 48375
25.5 miles from Suburban Collection Showplace
Room Rate: \$109 plus taxes (includes hot breakfast buffet)
Reservations can be made by calling 248-596-9800
Mention "Mental Health Association Spring Conference" for the discounted rate.

Additional hotels will be added as necessary. Watch www.cmham.org for additional details.

CMHA will provide transportation between hotels and Conference Facility:

Spring Pre-Conference & Conference Registration:

[TO REGISTER FOR THE PRE-CONFERENCE INSTITUTE, CLICK HERE!](#)

[DETAILS & TO REGISTER FOR THE SPRING CONFERENCE, CLICK HERE!](#)

Pre-Conference Institute: A Mindfulness Approach to Clinical Social Work

- Monday, June 10, 2019 from 8:45am – 4:00pm
- \$125 CMHA members
- \$148 Non-Members

Keynote Presentations:

- Keynote: Passive Victim to Resilient Warrior! Transforming the Way You Think About Trauma Informed Care
 - Shari Simmons, LCSW, Executive Director of Fire Mountain Treatment Center; Adjunct Professor
- The MDHHS Behavioral Health and Developmental Disabilities Administration (BHDDA): An Overview
 - George E. Mellos, MD, Senior Executive Psychiatrist Director, Deputy Director for Behavioral Health and Developmental Disabilities, Michigan Department of Health and Human Services
- Keynote: Update from Washington
 - Charles Ingoglia, MSW, Incoming President and CEO, National Council for Behavioral Health

Educational Workshops:

- Putting It All Together: The Need to Belong - An Effective Paradigm Shift for Addressing Mental Health, Physical Health, and Substance Abuse Crises Facing Our Consumers and Communities
- Update on Statewide Efforts for Improving the Medical Assessment of Psychiatric Patients in Emergency Department
- "Shattering Silos and Building Bridges": A Community Approach to Early Intervention for Children and Families with Mental Health Needs
- Supporting LGBTQ+ Individuals Through Affirmative Practices

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- Implementing the Trauma Policy
- An Analysis of Parent Support Partner Services in Michigan
- Boardworks 2.0: Board Member Orientation & the Role of Board Members in the Rights Protection Process
- Value-Based Payment Practice Transformation Academy
- The Tri County LifeSavers: Replicable Steps to Building a Community Youth Suicide Prevention Coalition
- Jail Diversion Efforts Across Michigan: Challenges and Successes
- Examining Initial Outcomes of Peer Coaching/Specialized Detoxification Program – Developing a Research Based Curriculum for Integrated Care
- Building a Trauma Informed CMH System
- Boardworks 2.0: Leadership - Participatory Governance and Ethical Implications (formerly Character)
- Trauma and Resilience: Using ACE Surveys, Screenings, and Interventions to Address and Improve Individual and Community Outcomes (Lessons Learned and Outcomes Shared)
- Treatment Foster Care Oregon (TFCO): Community-based Mental Health Treatment for Hospital Level-of-Care Children
- Criminal Justice, Homelessness and Mental Health: How Cross-System Collaboration Assists with Successful Transitions Across Intercepts
- Beyond Case Management: Scaling Team-Based Behavioral Health Homes and an Alternative Payment Model to Achieve the Quadruple Aim Across a Community
- Why Understanding Benefits Is So Important!
- Boardworks 2.0: Management – System
- Making a Home in Higher Education: Expanding the Continuum of Care for Students in Recovery on a College Campus
- Crises in the Emergency Department: System Issues in the Care of People with Developmental Disabilities
- Empathy and Effectiveness in the Recognition and Treatment of Human Trafficking Victims and Survivors
- Understanding Adverse Childhood Experiences (ACEs) and the Impact of Trauma
- Criminal Justice Connection to Care Model
- Integrative Healthcare for Older Behavioral Health Clients
- Fully Present: The Importance of Self-Care and Mindfulness in Our Work

Dialectical Behavior Therapy (DBT) Trainings for 2018/2019

5-Day Comprehensive DBT Trainings

- This training is designed for CMH, CMH service providers, PIHP, and PIHP service provider staff who are directly responsible for delivering DBT.
- Due to the fact DBT is a comprehensive treatment that treats high-risk individuals, one's core training ought to be comprehensive as well.
- IT IS EXPECTED THAT ALL PARTICIPANTS WILL MAKE A FULL COMMITMENT TO ATTEND ALL 5 DAYS mindfully and will participate fully in discussion, role-plays and complete daily homework assignments.
- Participants are asked to bring a copy of "Cognitive Behavioral Treatment of Borderline Personality Disorder" by Marsha Linehan, PhD, with them to the training.
- COMPLETION OF A 2-DAY INTRODUCTION TO DBT TRAINING OR EQUIVALENT IS A PRE-REQUISITE FOR ATTENDING THIS TRAINING.
- This is NOT a training that teaches DBT skills. There will be very little focus on DBT skills. The majority of the focus of this training will be to help clinicians on how to conduct individual DBT sessions. If your goal is to come to this training in order to learn DBT skills, do not attend. By attending, you understand and consent to knowing this ahead of time.

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Training Fee:

\$250 per person. Fee includes training materials, continental breakfast and lunch for 5 days.

Dates/Locations:

May 20-24, 2019 | Detroit Marriott Livonia | [REGISTER HERE](#)

June 3-7, 2019 | Best Western, Okemos | [REGISTER HERE](#)

August 12-16, 2019 | Great Wolf Lodge, Traverse City | [REGISTER HERE](#)

Implementation of Integrated Dual Disorder Treatment (IDDT) and Co-Occurring Evidence-Based Practices Annual Trainings for 2018/2019

Course Description:

Adults with co-occurring mental illness and substance use disorders have far worse outcomes in employment, hospitalization, housing, and criminal justice involvement than their single disordered peers. This co-prevalence has been studied since the 1980s, yet despite this substantive increased risk, most service systems were organized to treat individuals with a single disorder, excluding those with co-occurring disorders, or providing sequential or parallel treatments that were incompatible or in conflict with each other. Integrated services offer superior outcomes to parallel or sequential treatments and call on providers to develop interventions to assist individuals in moving toward recovery for both illnesses simultaneously. Recovery-oriented care requires changes at a systems and individual practitioner level in areas including assessment, treatment planning, and delivery. Integrated co-occurring providers will learn about the research on integrated care including evidence-based practices (EBP), and ways to develop stage-matched assessment, treatment planning, and treatment interventions for adults with co-occurring mental health and substance use disorders.

This training fulfills the annual requirement for persons who are part of an IDDT team, as well as for persons providing COD services in Adult Mental Health outpatient services.

Training Fee:

\$65 per person. The fee includes training materials, continental breakfast and lunch.

Dates/Locations:

June 19, 2019 | Okemos Conference Center | [REGISTER HERE](#)

Motivational Interviewing College Trainings for 2018/2019

4 Levels of M.I. Training offered together at 4 convenient locations!

This event is sponsored by the adult mental health block grant and is intended for persons who serve adults only through the mental health and substance abuse provider network in the state of Michigan. It contains content appropriate for CEOs, COOs, clinical directors, supervisors, case managers, support coordinators, therapists, crisis workers, peer support specialists and any other practitioners at the beginning, advanced and supervisory levels of practice.

New This Year! We are excited to add a new 2-Day TNT: Teaching Motivational Interviewing training to the lineup.

Remaining Dates/Locations:

June – Holiday Inn Marquette

Basic: Monday & Tuesday, June 10-11, 2019

Advanced: Monday & Tuesday, June 10-11, 2019

Supervisory: Monday, June 10, 2019

TNT: Teaching MI: Wednesday & Thursday, June 12-13, 2019

Training Fees: (The fees include training materials, continental breakfast and lunch each day.)

\$125 per person for all 2-day trainings (Basic, Advanced)

\$69 per person for the 1-day Supervisory training.

[CLICK HERE](#) for full training details, CE information, overnight accommodations and registration links.

Individualized Service Plans Using the ASAM Criteria and Motivational Interviewing Trainings

- June 18-19, 2019 – Holiday Inn, Marquette
- July 16-17, 2019 – Best Western/Okemos Conference Center, Okemos
- August 13-14, 2019 – Hilton Garden Inn, Detroit
- August 27-28, 2019 – Radisson Plaza Hotel, Kalamazoo
- September 24-25, 2019 – Great Wolf Lodge, Traverse City

Visit www.cmham.org for more information.

Michigan Health Policy Forum Announces Spring 2019 Forum: “New People and New Policies”

The Michigan Health Policy Forum, of which the CMH Association is a Board member, has announced its spring 2019 Forum. The announcement is provided below.

“New People and New Policies”
May 20, 2019 from 1:00 PM to 4:00 PM
Kellogg Center on the Campus of Michigan State University

Welcome and Introductions: Andrea Amalfitano DO., PhD. Dean, MSU College of Osteopathic Medicine

Keynote Address: Robert Gordon, Director, Michigan Department of Health and Human Services

Panel Discussion on Michigan’s Health Priorities

Moderator: Janet Olszewski, Senior Fellow, Michigan Health Endowment Fund,

Sarah Esty, Senior Deputy Director, Policy and Planning Administration, Michigan Department of health and Human Services

Joneigh Khaldun M.D., Chief Medical Executive and Chief Deputy for Health, Michigan Department Of Health And Human Services

Rep. Mary Whiteford, (R) Chair, House Appropriations Committee on Human Services

Sen. Curt VanderWall (R) Chair, Senate Committee on Health Policy and Human Services

To register, go to: <https://michiganhpf.msu.edu/index.php/spring-forum-2019>

Understanding Benefit Programs: The Impact of Employment and Work Incentive Programs for People with Disabilities

MARO, a partner of this Association, has recently announced a workshop designed to strengthen the ability of services and supports providers to assist the persons whom they serve in navigating the benefits system – especially as they pursue and obtain employment.

Understanding Benefit Programs

CMHA WEEKLY UPDATE



Understanding Benefit Programs

June 17, 2019 - 9:00 AM to 12:00 PM

Lansing Community College-West Campus
5708 Cornerstone Dr, Lansing, MI 48917

\$69 for MARO Members

\$99 for Non-members

Register at: <https://maro.silkstart.com/events/understanding-benefit-programs>

As a result of this course, you will be able to:

- Understand the major components and differences in the SSI, SSDI, Medicaid, and Medicare benefit programs
- Identify how the Social Security Administration defines work, disability and how employment income affects SSI/SSDI benefit checks
- Understand federal and state work incentive programs and how they can be used to help an individual retain necessary cash and/or medical benefits
- Locate resources that can help an individual navigate through these programs for successful employment outcomes

Trainers will include Hillary Hatch- Area Work Incentive Coordinator for the Social Security Administration. Hillary's service area for the state includes the Upper Peninsula and the Western Half of the Lower Peninsula.

CALL FOR PRESENTATIONS: 20th Annual Substance Use and Co-Occurring Disorders Conference

The Annual Substance Use Disorder/Co-Occurring Disorder Conference brought in over 1,300 attendees last year. We would love for you to join us by sharing your expertise, research or showcasing a successful program!

20th Annual Substance Use Disorder/Co-Occurring Disorder Conference

"Innovative Strategies for Today's Challenges"

September 15, 2019: Pre-Conference Institutes

September 16 & 17, 2019: Full Conference

Cobo Center, Detroit, MI

[Click Here to Download the Presentation Submission Form.](#)

Submit your completed form to Alexandra Risher arisher@cmham.org by **Friday, May 10, 2019.**

Note: Hotel reservations and Conference registration is not available at this time.

CMHA WEEKLY UPDATE

45th Annual National Association for Rural Mental Health Conference

August 26-29, 2019

45th Annual National Association for Rural Mental Health Conference

La Fonda on the Plaza Hotel

Santa Fe, New Mexico

The National Association for Rural Mental Health (NARMH) invites you to attend the 2019 NARMH Annual Conference. Registration is now open and you can register online at www.narmh.org.

About Our Conference: The National Association for Rural Mental Health (NARMH) Annual Conference is the premier interdisciplinary mental health event for rural families and peers, community members, clinicians, researchers, administrators and policy professionals. Now in its 45th year, the NARMH Annual Conference provides a collaborative environment for all participants across professions to learn and network on a myriad of vital issues concerning mental health practice, research, policy and advocacy in rural and remote populations.

Our Conference Theme: The 2019 NARMH Annual Conference theme is "From Surviving to Thriving: Embracing Connections". NARMH "rode the winds of change" in Santa Fe in 2002, and now we return in 2019 to see what we have learned, what has changed, and where we are headed. We want to learn from communities who have gone from surviving to thriving and how that impact is maintained and enhanced. We want to get to know each other and have fun together.

There are over 60 breakout sessions with topics focusing on the following areas: Surviving to Thriving, Workforce Issues, Innovations in Service Delivery, Dilemmas in Addressing Trauma, Rural and Frontier Workforce Development Strategies, Embracing the Reality of Behavioral Health in Rural Communities – Struggles, Responses and Successes, Co-Occurring Substance Use Disorders and Other Topics. The plenary sessions include: 1) The Path to Thriving: Strategic Doing and Rural Mental Health; 2) From Surviving to Thriving in American Indian Communities: Transcending Historical Trauma; 3) Introducing the MHTTC- A New Workforce Development Resource; and 4) The Very Large Array of Youth and Adult Peer Support. The conference also features a Reception with Flamenco Dancing as well as a NARMH Night at the Movies showing the film: The Providers.

There is no better place to do that than the City Different, Santa Fe, New Mexico. Bienvenidos! Visit the NARMH website at www.narmh.org to explore the details of the 2019 NARMH Annual Conference. We look forward to seeing you in Santa Fe!

Questions & General Information: If you need additional information after visiting the NARMH 2019 conference website at www.narmh.org, please contact Brenton Rice, NARMH Event Planner, by email at brenton@togevents.com or by phone at 651.242.6589.

Miscellaneous News and Information:

Job Opportunity: CEO of Rose Hill Center

Kittleman & Associates is pleased and honored to announce the search for the next President & CEO of Rose Hill Center in Holly, Michigan, and I wanted to make sure that you saw the attached Position Guide.

As one of the nation's leading long-term mental health facilities, Rose Hill Center in Holly, Michigan offers comprehensive psychiatric treatment and residential rehabilitation programs for adults, 18 and over, on 400 serene acres close to major amenities offered by Ann Arbor and the greater Detroit region. With an

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emphasis on Recovery, the programs offered by Rose Hill provide individuals with the insights, life skills, attitudes, opportunities and medication management needed to manage their illness and live fulfilling lives. Rose Hill provides five levels of mental health treatment that are supported largely through private pay with financial assistance provided through the Rose Hill Foundation as well as through Community Mental Health (Medicaid) and commercial insurance. <https://www.rosehillcenter.org/>

Job Opportunity: Executive Director of Network 180

Network180 is seeking its next Executive Director to direct the management and delivery of a complete array of mental health, intellectual /developmental disability, and substance abuse services to the citizens of Kent County, Michigan. With an annual budget of over \$140 million, Network180 annually serves over 18,000 individuals in Kent County through a network of over 30 non-profit providers. Interested candidates can apply through our website at: <http://www.network180.org/en/employment/employment-opportunities>.

Job Opportunity: Healthy Transitions Youth/Young Adult Peer Coordinator at ACMH

Association for Children's Mental Health (ACMH) is currently accepting applications for a Healthy Transitions Youth/Young Adult Peer Coordinator. To apply, mail or email a cover letter and resume to: Jane Shank, Executive Director | 6017 W. St. Joe Hwy, Suite 200, Lansing, MI 48917 acmhjane@sbcglobal.net

To learn more see the complete job posting below or download it here: [Healthy Transitions Posting final](#)

CMH Association's Officers and Staff Contact Information:

CMHA Officers Contact Information:

The Officers of the CMH Association of Michigan recently proposed, in their commitment to fostering dialogue among the members of the Association with the Association's leaders, that their contact information be shared with the Association membership. While this dialogue will not take the place of the regular dialogue and decision making that occurs during the meetings of the Association's Executive Board, Steering Committee, Provider Alliance, Association Committees, Directors Forum, PIHP CEOs meeting, nor any of the great number of Association-sponsored and supported dialogue venues, the Officers want to ensure that the members of the Association can reach them to discuss issues of interest to the Association's members. The contact information for the officers is provided below:

President: Joe Stone Stonejoe09@gmail.com; (989) 390-2284
First Vice President: Lois Shulman; Loisshulman@comcast.net; (248) 361-0219
Second Vice President: Carl Rice Jr; cricejr@outlook.com; (517) 745-2124
Secretary: Cathy Kellerman; balcat3@live.com; (231) 924-3972
Treasurer: Craig Reiter; gullivercraig@gmail.com; (906) 283-3451
Immediate Past President: Bill Davie; bill49866@gmail.com; (906) 226-4063

CMHA Staff Contact Information:

CMH Association staff can be contacted at (517) 374-6848 and via the e-mail addresses below:

Alan Bolter, Associate Director, abolter@cmham.org
Christina Ward, Director of Education and Training, cward@cmham.org
Monique Francis, Executive Secretary/Committee Clerk, mfrancis@cmham.org
Nakia Payton, Data-Entry Clerk/Receptionist, npayton@cmham.org
Dana Ferguson, Accounting Clerk, dferguson@cmham.org

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Michelle Dee, Accounting Assistant, acctassistant@cmham.org

Anne Wilson, Training and Meeting Planner, awilson@mham.org

Chris Lincoln, Training and Meeting Planner, clincoln@cmham.org

Carly Sanford, Training and Meeting Planner, csanford@cmham.org

Bethany Rademacher, Training and Meeting Planner, brademacher@cmham.org

Jodi Johnson, Training and Meeting Planner, jjohnson@cmham.org

Alexandra Risher, Training and Meeting Planner, arisher@cmham.org

Robert Sheehan, CEO, rsheehan@cmham.org