

Contents:

CMH Association and Member Activities:.....	2
Recipient Rights Books and Nationally Recognized Channing Bete Books: Take Advantage of Discounted Rates Offered Through CMHA.....	2
Job Bank CMHA Member Benefit Now Available!	3
2019 PAC Campaign – And the Winner is.....	3
CMHA Committee Schedules, Membership, Minutes, and Information	4
News from Our Preferred Corporate Partners:.....	4
Why Should Your Staff Stay? Invest in Their Success to Ensure Your Own.....	4
myStrength Offers In-the-Moment Support for Comorbid Medical-Behavioral Conditions	4
State and National Developments and Resources:.....	5
Russell, Rupp and Williams: State Funding is Needed for Mental Health Integration Pilot in Medicaid.....	5
MDHHS Issue RFP for Sexual Assault Comprehensive Services	6
172 Students with Disabilities to Graduate from Michigan Career and Technical Institute During Organization's 75th Anniversary	6
Nearly Two Thirds of Doctors 'Not Interested' in Opioid Treatment Training.....	8
Study Finds 'Mental Health Crisis' Among Michigan Prison Workers	10
Chasing Dollar Bills: Medicaid Cost-Share Payments Fail to Materialize	10
State Legislative Update:.....	11
Status Report on the State of Current Budget Negotiations.....	11
Federal Update:.....	11
CCBHC Update from Capitol Hill.....	11
Registration is Now Open for Hill Day 2019 – Behavioral Health’s Largest Advocacy Event of the Year.	11
Education Opportunities:	12
Required for Licensure Renewal: Ethics for Social Work & Substance Use Disorder Professionals & Psychologists Trainings.....	12
Employment First Conference: “When Everyone Who Wants A Job, Has A Job!”	12
11 th Annual Anti-Stigma Event Day – July 25, 2019 at LCC Downtown.....	13
Dialectical Behavior Therapy (DBT) Trainings for 2018/2019	13
Co-Occurring College Registration Now Open!.....	13
Individualized Service Plans Using the ASAM Criteria and Motivational Interviewing Trainings	14

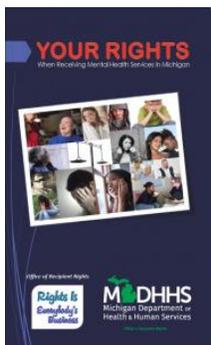
CMHA WEEKLY UPDATE

20 th Annual Substance Use Disorder and Co-Occurring Disorder Conference.....	14
45th Annual National Association for Rural Mental Health Conference	14
CRA Announces 2 nd Annual Crisis Residential Conference Registration	15
Miscellaneous News and Information:	16
Michigan Health Endowment Fund Announces Behavioral Health Position Opening.....	16
CMH Association’s Officers and Staff Contact Information:	17
CMHA Officers Contact Information:	17
CMHA Staff Contact Information:	18

CMH Association and Member Activities:

Recipient Rights Books and Nationally Recognized Channing Bete Books: Take Advantage of Discounted Rates Offered Through CMHA

RECIPIENT RIGHTS BOOKLETS:



Recipient Rights Booklets

The Mental Health Code states that CMHSPs are required to distribute “Your Rights When Receiving Mental Health Services in Michigan” booklet to each recipient receiving services.

Prices for Booklets:

Cost Per Booklet: **50¢ (Plus Flat Rate Shipping)**

Payment & Shipping: Payment is **required** prior to shipping. Shipments will take place within 30 days after payment has been received.

Order Booklets: To place your order, click here: [Order Your Rights Booklets Here!](#)

CHANNING BETE BOOKLETS:



Special Member Ordering Opportunity of Channing Bete Company, Inc., Booklets

Up to a 51% discount off our published price list, increasing the “purchasing power” for the Community Mental Health Association of Michigan. There is complete flexibility concerning the timing of orders and booklet selection.

How the Program Works: All members of CMHA can purchase any Price List “A” & “K” items through this purchasing opportunity. Please refer to the chart on the attached order form for pricing.

Shipping costs are not included. They will be added to your final invoice from CMHA.

All orders must be faxed, mailed or emailed to the attention of:

Dana Ferguson

CMHA

426 S. Walnut, Lansing, MI 48933

Tel. # 517-374-6848 * Fax. # 517-374-1053

Email: dferguson@cmham.org

[Download the Channing Bete Order Form Here!](#)

Job Bank CMHA Member Benefit Now Available!

CMHA Members may log on to www.cmham.org under Services to access the Job Bank and upload any Job Postings within their organization. Experience the ease and accessibility of being able to post what you want – when you want – and reach the maximum number of people in the State of Michigan!

If you would like to POST a job, please use the following link (REMEMBER... You must be a member in order to enjoy this benefit!): <https://cmham.org/services/job-bank/>

If you would like to VIEW current job postings, please use the following link (you do NOT have to be a member to view postings!): https://cmham.org/job_postings/

2019 PAC Campaign – And the Winner is...

Again, thank you to all the boards and members who participated in the 2019 CMH PAC campaign. This week we drew for the Tiger suite tickets and the winner was Saginaw County CMH. Please do not let the ticket drawing deter you or your agency from continuing your PAC efforts, the need for additional funds does not stop once we draw for the Tiger tickets. The CMH PAC is a key component to our overall advocacy efforts – the need to upgrade our PAC is greater today than ever before.

Again, please **make checks payable to: CMH PAC ~ 426. S. Walnut St. ~ Lansing, MI 48933 (no corporate checks, please)**. Thank you. Please feel free to contact Bob or Alan with any questions.

Visit our website at <https://www.cmham.org/committees>

News from Our Preferred Corporate Partners:



Thursday, August 8th, 2019
2:00 pm - 3:00 pm EST

Join Relias Product Managers Melissa Lewis-Stoner, M.S.W., LCSW-C and Justin Hess, M.S. for a look at how behavioral health organizations can use assessments and learning in combination to help their employees feel competent and effective in their jobs.

In this webinar, Melissa and Justin will:

Discuss how assessments can be used to evaluate job-related competency and measure soft skills critical for success to identify opportunities for continued growth.

Show how assessment results can be used to inform and develop individual training plans.
Walk through examples of using assessments at behavioral health organizations

[Register for this Relias webinar here](#)

myStrength Offers In-the-Moment Support for Comorbid Medical-Behavioral Conditions



Behavioral health conditions are disabling on their own, but they also complicate clinical improvement for the large percentage of people experiencing chronic medical conditions alongside comorbid behavioral health symptoms. For example, it is very challenging to stabilize diabetes or hypertension until depression or anxiety symptoms are successfully managed.

myStrength's digital behavioral health platform is available whenever and wherever a consumer needs, with a consistent, personalized user experience across web and mobile devices.

myStrength's mobile app promotes more frequent engagement by consumers and use of these evidence-based tools (grounded in mindfulness, cognitive behavioral therapy, and more) helps facilitate long-term health benefits.

In addition to various pathways to access myStrength, the platform also offers immediate access to diverse tools for depression, anxiety, stress, meditation and mindfulness, sleep, pregnancy and early parenting, balancing intense emotions, and chronic pain, as well as tools for drug, opioid or alcohol recovery.

myStrength's Mobile App Offers Real-Time Support:

- Instantly unwind with 3 short audio activities presented when app is opened
- Bookmark helpful resources for quick access when real-time support is critical
- Gain personalized, integrated support for multiple conditions
- Favorite or download inspirational images in the Community for instant access

REQUEST A DEMO

State and National Developments and Resources:

Russell, Rupp and Williams: State Funding is Needed for Mental Health Integration Pilot in Medicaid

Below is a recent editorial, carried in Crain's Detroit Business, from three members of CMHA.

For the past two years, a group of county-based Community Mental Health Service Programs, including ours, has worked closely with the state to implement an innovative new way to deliver mental health services.

The 298 Pilot Program (named for the boilerplate 298 section of 2016 legislation) is designed to encourage increased coordination of physical and mental health services to invest more resources directly to patients.

Over the last year, teams have worked to reach consensus on a model to pilot these coordinated services. We continue to define components to test and what necessary administrative changes are needed to begin the program.

With successful implementation, this program could fundamentally change the way patients receive mental health services across Michigan — an outcome desired by legislators and governors for decades. Our CMHSPs are committed to a strong pilot program that could lead to broad-scale implementation in just a few years.

The current challenge, however, is reaching an agreement on a model for the final stage of pilot integration. The following areas must be addressed before we can implement the program successfully:

- Sufficient funding to appropriately pay for services provided to consumers and communities served by the Community Mental Health Service Program participating in the pilot. Historically underfunded, CMHSPs need the resources necessary to meet the requirements of the pilot if they are expected to be successful. Inadequate funding will negatively impact the success of the pilot and could hurt citizens served by it.
- Risk-management and ownership of the specialty provider network including utilization management, claims and other managed care responsibilities, rates, payment and risk structures. To make these decisions, we need time for the state of Michigan to determine a shared-savings model and what decisions will be delegated to the pilot sites.
- After the rate and risk areas are addressed, time will be required for implementation and securing federal-waiver approval. New contracts will need to be established between the CMHSPs and our providers. Questions will need to be answered about how best to finalize

technology needs, report changes and establish new payment flows. Accreditation reviews may also be necessary.

We propose working toward an agreement by Oct. 1 that will create a more detailed model for full financial integration allowing pilot sites to effectively manage — in partnership with contracted CMHSPs and providers — the whole health of enrolled Medicaid beneficiaries who would benefit from a robust 298 Pilot Program.

With the successful resolution of a detailed model for full financial integration, we propose launching the pilots no later than Oct. 1, 2020. Work will continue as we implement a number of the proposed activities that came out of the 298-workgroup process to support system coordination and improve readiness for pilot implementation in 2020. At a minimum, new care coordination workflows and data-sharing processes will be established this next fiscal year.

The pilot CMHSPs remain committed to full financial integration and working together on this pilot. We have asked the Michigan Department of Health and Human Services and the Michigan Legislature to work with us on this phased-in approach to this pilot.

We believe this project could redefine the way local providers coordinate physical and mental health outcomes for our most vulnerable citizens and make a difference to all of Michigan.

Danis Russell is CEO of Genesee Health System. Julia Rupp is executive director of HealthWest. Lisa Williams is executive director of West Michigan Community Mental Health.

MDHHS Issue RFP for Sexual Assault Comprehensive Services

The Michigan Department of Health and Human Services has released a Request for Proposals (RFP) on the MI E-Grants system for the SACS-2020-Sexual Assault Comprehensive Services - 2020.

All proposal responses with related materials must be submitted electronically using the MI E-Grants system located at <http://egram-mi.com/mdhhs>. Agencies interested in applying for this Request for Proposal must first register both the agency and users, and process a Project Director Request in <http://egram-mi.com/mdhhs> and submit their proposal by 08/16/2019 at 15:00.

For application instructions, please visit <http://egram-mi.com/mdhhs> and click the "About EGrAMS" link. The "Competitive Application Instructions" manual will provide detailed instructions on completing an application in the MI E-Grants system. Request for Proposal documents can be found under "Current Grants."

For technical assistance when completing registration for the MI E-Grants system or entering application materials, contact the Bureau of Grants and Purchasing Helpdesk at 517-335-3359 or email MDHHS-EGRAMS-HELP@michigan.gov.

172 Students with Disabilities to Graduate from Michigan Career and Technical Institute During Organization's 75th Anniversary

Below are excerpts from a recent press story on the graduation of a large number of adults, with disabilities, from the Michigan Career and Technical Institute.

The Michigan Career and Technical Institute (MCTI) – a school that promotes the integration of adults with disabilities into the workplace and society by providing vocational training – will host a graduation ceremony for 172 students from across the state on Friday, July 19, at 12:30 p.m.

This year's ceremony will feature a distinguished guest speaker who has benefitted from MCTI's training program as well as two student graduates. The graduation speaker is state Rep. Tommy Brann of Kent County, who has been a member of the Business Advisory Council for MCTI's culinary arts program and is owner of Brann's Steakhouse & Sports Grille, which has hired several MCTI students.

MCTI is celebrating its 75th anniversary this year. Operated by Michigan Rehabilitation Services (MRS) within the Michigan Department of Health and Human Services (MDHHS), MCTI provides vocational training in 13 careers. It is the second largest rehabilitation training center in the country.

"MCTI puts Michiganders with disabilities on the road to opportunity by helping them maximize their talents," said Gov. Gretchen Whitmer. "Investing in skills training is vitally important to the state's economy and its residents."

Students can be enrolled in technical training programs in automotive technology, cabinet making/millwork, certified nurse assistant (CNA), culinary arts, custodial, electronics, graphic communications, grounds maintenance/landscaping, machine technology, office automation, pharmacy services, retail marketing and construction.

"We are proud of the achievements of these students," said MDHHS Director Robert Gordon. "MCTI students demonstrate that providing opportunities to all Michiganders brings positive results – for students who are able to pursue their career interests and for employers who benefit from the skills and work ethic that MCTI graduates bring to the table."

MCTI also offers health, psychological and social work services, sports and activities, housing, student government and much more. Learn more at www.michigan.gov/MCTI.

The graduates listed by county are:

Allegan: Elizabeth Cumberworth, Retail Marketing.

Antrim: Alaina Stevens, Certified Nursing Assistant.

Barry: Niah Smith – Certified Nursing Assistant, Makenna Kane – Custodial, Charles Perry – Grounds Maintenance and Landscaping, Benjamin Roets – Retail Marketing, Andrew Mathews – Weatherization.

Bay: Andrea Davidson – Certified Nursing Assistant.

Berrien: Darrell Carter – Custodial.

Branch: Patrick Dunn – Culinary Arts, Elizabeth Bogнар and Dyllan Steele – Custodial.

Calhoun: Nicholas Humphrey – Culinary Arts, Marcus Cruz – Custodial, Brandon Blowers – Weatherization.

Cass: Andrew Clark – Custodial.

Chippewa: Brendan Bradley – Weatherization, Donald Heyrman – Culinary Arts.

Clare: Shane Albertson – Weatherization.

Clinton: Jordan Purvis – Ground Maintenance and Landscaping.

Crawford: Denez Conley – Electronics.

Eaton: Haley Lau and Christopher Vandenberg – Culinary Arts, David Migendt – Custodial, Zachary Minnard – Weatherization.

Genesee: Trace VanKuren – Cabinetmaking/Millwork, Malik Muhammad and Makayla Sheffield – Certified Nursing Assistant, Evalyn Mathenia and Patrick Uhrig – Culinary Arts, Madalynne Romankewiz – Custodial, Joaquin Sharpe, Jr. – Retail Marketing, Brandon Nierman – Weatherization.

Gladwin: John Rummer – Custodial.

Gogebic: Nathaniel Skolasinski – Weatherization.

Grand Traverse: Hunter Bancroft – Cabinetmaking/Millwork, Logan Urso – Culinary Arts.

CMHA WEEKLY UPDATE

Hillsdale: Kaley Morgan – Culinary Arts, Cole Grasso – Machine Technology.

Ingham: Hallie Lycos – Culinary Arts, Rory Moore – Grounds Maintenance and Landscaping, Remigio Guerra – Office Automation, Adam Bennett – Weatherization

Ionia: Andrew Pline – Custodial, Kasey McNutt – Machine Technology, Matthew Harp – Weatherization.

Kalamazoo: Yarely Zamora – Certified Nursing Assistant, Emminah Fields – Culinary Arts, Jeffrey Lillard, II – Custodial.

Kent: Jayson Thompson – Culinary Arts, Isaac Sparks – Grounds Maintenance and Landscaping, Amaya Harig – Certified Nursing Assistant, Sierra Bosch – Graphics Communications.

Lapeer: Molly Laing – Culinary Arts.

Lenawee: Calvin Jedele – Electronics.

Livingston: Nicholas Kowalski – Certified Nursing Assistant, Sean Barlette – Grounds Maintenance and Landscaping, Maria Boulanger – Retail Marketing.

Luce: Travis Martyn – Grounds Maintenance and Landscaping, Jacob Tasiemski – Graphics Communications.

Macomb: Mickai Stanley – Automotive Technology, Shelby Alger – Certified Nursing Assistant, Jeremiah Harris, Dalton Shields and Abby Wilson- Marks – Culinary Arts, Peter Martin III – Custodial, Alex Chambers – Machine Technology, Deontae Nelson and Lindsey Nowakowski – Retail Marketing.

Manistee: Angel Hamilton – Certified Nursing Assistant.

Menominee: Jonah Dziekonski – Retail Marketing.

Midland: Makayla Owens – Culinary Arts.

Montcalm: Ian Tronsen – Machine Technology.

Muskegon: Jadelynn Nichols – Certified Nursing Assistant, Casey Vanderwagen – Culinary Arts.

Oakland: DeMarr Campbell, Kofi Machupa and Heather Valenti – Certified Nursing Assistant, Michael Guirguis and Kyle Statfield – Culinary Arts, Marto Hunter – Custodial, Kevin Ferus and Jamari Smith – Electronics, Kevin Lee – Grounds Maintenance and Landscaping, Matthew Hales – Machine Technology, Skylyr Drake – Pharmacy Services, Nicklas Pagen, Gaganjot Singh, Aaron Spears and Thomas Williams – Retail Marketing.

Ontonagon: Dylan Tucker – Custodial.

Ottawa: Zachary Harlos – Culinary Arts, Connor Machiela – Office Automation.

Roscommon: Steven Eggleston – Culinary Arts, Jonathan Paxson – Grounds Maintenance and Landscaping.

Shiawassee: Dawson Apsey – Culinary Arts, Aiden O'Donnell – Grounds Maintenance and Landscaping.

Van Buren: Alexander Evans – Grounds Maintenance and Landscaping.

Washtenaw: Logan Smith – Retail Marketing

Wayne: Tarik Blake and Uriah Mason – Certified Nursing Assistant, Jordan Brustad and Kendelai Garner – Culinary Arts, Royce Roberson – Custodial, Enrique Galvan – Electronics, Joseph Hibbard and Reginald Truitt II – Retail Marketing

List excludes the names of those who requested not to be listed in news release.

Nearly Two Thirds of Doctors 'Not Interested' in Opioid Treatment Training

Below is a recent news story on the reluctance of physicians to become more involved in opioid treatment.

While most doctors in Michigan believe the state's new rules for prescribing opioids will help to address the overuse epidemic, only 20% have been trained in Medication-Assisted Treatment (MAT) and nearly two-thirds said they aren't interested in getting trained.

Those were the results of a recent survey of some 600 primary care providers by the Center for Health and Research Transformation (CHRT) at the University of Michigan to gauge sentiment of the state's 2017 efforts to deter over prescribing, including mandatory use of the Michigan Automated Prescription System (MAPS).

"CHRT's physician survey shows that Michigan's new requirements for MAPS reporting are generally supported by primary care physicians in Michigan. However, physician interest in Medication-Assisted Treatment is low, and more will need to be done in order for MAT to be a viable treatment option for the many Michiganders in need of help," the report concludes.

"Between 1999 and 2016, the number of overdose deaths in Michigan increased 17 fold — from 99 to 1,699. In 2017, more deaths were due to overdose than car accidents," the report states. (See "Opioid Deaths In MI More Than Doubled In 5 Years," 10/4/17).

In 2017, state lawmakers passed several bills aimed at curbing the epidemic, notably limiting opioid prescriptions to seven days and requiring physicians to look up their patients' prescription history on the MAPS statewide database. (See "Prescriptions For Controlled Substances Down 11% Since MAPS," 3/22/19 and

"Seven Bills Battling Opioid Abuse Pass Senate, More Coming," 6/27/17).

Sixty percent of physicians surveyed agreed with the statement that the policies will "help address the opioid epidemic," while 26% disagreed. Also, 60% said the policies will be "useful to better manage opioid prescribing," while 22% disagreed.

But 70% said they also added an "unnecessary administrative burden," while 17% disagreed.

Further, 55% agreed the policies will "limit ability to treat chronic pain," 30% disagreeing. And 50% said the policies will "limit ability to treat acute pain," with 34% disagreeing.

The Michigan Department of Health and Human Services (DHHS) has also tried to encourage more MAT programs. Doctors must get eight hours of training to prescribe buprenorphine, a drug used to treat opioid addiction and prevent symptoms of withdrawal. DHHS provided more than \$7 million for MAT training, rate incentives and program expansions in rural areas. Recently, DHHS announced a tuition reimbursement program for the training, according to the report.

Still, the survey found only 20% are trained currently, and only 16% are interested in getting the training. The remaining 64% said they were not interested.

The numbers varied little depending on whether the doctor was located in an urban or rural area. Only 20% of urban doctors were already trained; 63% weren't interested. Some 23% of rural doctors were trained; 65% weren't interested.

Younger doctors were more interested.

". . . Physicians who began practicing within the last 10 years — the timeframe within which opioid-related mortality has risen to epidemic proportions — are significantly more likely to be providing or to be interested in providing MAT to treat (opioid use disorder), suggesting that the culture of medicine may be shifting in response to the fallout from the opioid epidemic," the report states.

Among those practicing less than 10 years, 24% had the training and 26% were interested. Still, 50% said they weren't. Among those practicing 20 years or more, 19% had the training and 16% were interested. Some 65% said they weren't.

There was also a difference depending on whether the doctor had a large volume of Medicaid patients. Only 18% of doctors had the training if their patient volume was less than 30% Medicaid, with 14% saying they were interested. Some 69% weren't if they had a low number of Medicaid patients.

For those with more than a 30% Medicaid patient volume, 28% already had the training and another 22% said they were interested. Still, 50% said they weren't.

Study Finds 'Mental Health Crisis' Among Michigan Prison Workers

Below are excerpts from a recent news story on the mental health issues experienced by Michigan's prison guards.

A new survey points to a "mental health crisis" among Michigan Department of Corrections workers, who suffer from levels of PTSD, anxiety, depression, suicide and alcohol abuse far higher than those in the general population, officials said Monday.

The survey also points to rates of post-traumatic stress disorder and depression among Michigan prison workers that are significantly higher than first responders such as police and firefighters, though the study's authors say they may not be far out of line with rates among prison workers in other states.

[The full article can be found here.](#)

Chasing Dollar Bills: Medicaid Cost-Share Payments Fail to Materialize

Below is a recent article that discusses the findings of recent analyses of the cost-share requirements of Michigan's Medicaid expansion program, the Healthy Michigan Plan.

When Michigan's Legislature authorized expansion of the state's Medicaid insurance program in 2013, the conservative Republican majority required working low-income adults enrolled in the welfare program to make small contributions toward the cost of their taxpayer-funded health care coverage.

Depending on income levels, the fee schedule prescribed by lawmakers called for \$2 or \$4 copays for seeing a doctor or going to an urgent care facility, \$3 or \$8 charges for visiting a hospital emergency room for a non-emergency medical need and \$50 or \$100 charges for hospitalizations.

But the so-called "skin in the game" contributions have largely failed to materialize as the authors of the law intended.

[The full article can be found here.](#)

State Legislative Update:

Status Report on the State of Current Budget Negotiations

It is very simple, according to the Whitmer Administration's budget director, there are no negotiations. Republican leaders have met amongst themselves during the summer break, but not with the administration.

However, Budget Director Chris Kolb has said that he has had numerous conversations and meetings with Senate Appropriations Chair Jim Stamas (R-Midland) and Rep. Shane Hernandez (R-Port Huron), but the trio has not made any critical budget decisions. He also indicated that their respective staffers have been in contact with each other, as well.

Kolb reported that all FY20 budget decisions remain on hold "until the road package is finished" and that date has not been etched in stone.

Gov. Gretchen Whitmer has taken to Twitter to make regular jabs at the Legislature to get moving on negotiations. Last Thursday she posted a GIF of a wagon with the message, "On average, it took the early settlers 126 days to cross the Oregon Trail. We don't need to cross a river in a wagon, but we do need to pass a budget that sets our communities up for success."

Kolb is expressing confidence that a resolution will be reached before the start of the FY20 budget year, Oct. 1. He remains upbeat about a resolution, but the budget countdown clock is on in Kolb's office.

It's under 75 days and ticking.

Federal Update:

CCBHC Update from Capitol Hill

Negotiations to extend the Certified Community Behavioral Health Clinic (CCBHC) demonstration program stalled this week over ideological concerns related to the role of the Medicaid program. The Senate fast-tracking process (known as unanimous consent), through which the CCBHC extension must pass, can be halted by the objection of a single Senator. Congress will reconvene on Monday to continue deliberations in hopes of finding unanimous support and passing an extension of the program through to the end of September 2019.

Registration is Now Open for Hill Day 2019 – Behavioral Health's Largest Advocacy Event of the Year.

Held in partnership with national mental health and addictions organizations, Hill Day gathers hundreds of behavioral health providers, C-suite level executives, board members, consumers and community stakeholders in Washington, D.C. (September 17-18).

Hill Day begins with sessions and workshops on federal behavioral health policy. The following day, attendees take their message to Capitol Hill to advocate for better resources for mental health and addictions treatment in their communities.

We look forward to seeing you in Washington, D.C., this September. [Register today!](#)

CMHA WEEKLY UPDATE

National Council Hill Day registration is free and open to all interested advocates. Attendees are responsible for booking and funding their own transportation and hotel accommodations. [Book your room](#) at the Hyatt Regency on Capitol Hill at a special discounted rate.

The schedule will be updated as Hill Day nears so stay tuned!

Tuesday, September 17, 2019: Public Policy Institute

- National Council will provide the latest news about federal behavioral health policy, host advocacy trainings and discuss the policy asks for Hill Day 2019.

Wednesday, September 18, 2019: Capitol Hill Visits

- Congressional visits will be made in coordination with your state's State Captain. CMHA staff make appointments and coordinate meetings with federal legislators.

Education Opportunities:

Required for Licensure Renewal: Ethics for Social Work & Substance Use Disorder Professionals & Psychologists Trainings

Community Mental Health Association of Michigan is pleased to offer 6 Ethics for Social Work & Substance Use Disorder Professionals & Psychologists Trainings presented by Tom Moore, LMSW, LLP, CCS, Owner and Principal, Two Moons, LLC.

This training fulfills the Michigan Social Work Licensing Board's requirement for licensure renewal for ethics. This training fulfills the MCBAP approved treatment ethics code education – specific.

Trainings offered on the following date.

August 21, 2019 – Lansing [Click Here to Register!](#)

Training Fees: (fee includes training material, coffee, lunch and refreshments.)

\$115 CMHA Members

\$138 Non-Members

Employment First Conference: “When Everyone Who Wants A Job, Has A Job!”

Join us for the Employment First Conference! Hear from national homegrown experts about how Michigan can ensure that “everyone who wants a job, has a job!” Employment First is a state and national movement to help individuals with disabilities in Michigan realize their fullest employment potential through the achievement of individual, competitive integrated employment outcomes.

Dates: July 31 & August 1, 2019

Location: Suburban Collection Showplace, Novi

Who Should Attend: Staff who are involved in helping someone with an employment goal:

- Employment Practitioners
- Supports Coordinators/Case Managers
- CMHSP Leadership
- CRO Leadership

Registration Fee: \$50 (registration open soon)

[Click here for more information and to register!](#)

Sponsored by the Michigan Developmental Disabilities Council with support from Michigan's Employment First Partnership.

11th Annual Anti-Stigma Event Day – July 25, 2019 at LCC Downtown

The 11th Annual Anti-Stigma Event Day will be held Thursday, July 25, 2019 at the Lansing Community College - Downtown Lansing Campus in the Gannon Building. The event will be held from 9:00am to 4:00pm. Do you have anti-stigma initiatives at your CMHSP? Please contact Colleen Jasper jasperc@michigan.gov or 517-373-1255 to present your anti-stigma program. Or just come, and we will have time for CMHSPs initiative updates that very day. Registration is open online at <https://cmham.org/events/?EventId=5302>

Dialectical Behavior Therapy (DBT) Trainings for 2018/2019

5-Day Comprehensive DBT Trainings

- This training is designed for CMH, CMH service providers, PIHP, and PIHP service provider staff who are directly responsible for delivering DBT.
- Due to the fact DBT is a comprehensive treatment that treats high-risk individuals, one's core training ought to be comprehensive as well.
- IT IS EXPECTED THAT ALL PARTICIPANTS WILL MAKE A FULL COMMITMENT TO ATTEND ALL 5 DAYS mindfully and will participate fully in discussion, role-plays and complete daily homework assignments.
- Participants are asked to bring a copy of "Cognitive Behavioral Treatment of Borderline Personality Disorder" by Marsha Linehan, PhD, with them to the training.
- COMPLETION OF A 2-DAY INTRODUCTION TO DBT TRAINING OR EQUIVALENT IS A PRE-REQUISITE FOR ATTENDING THIS TRAINING.
- This is NOT a training that teaches DBT skills. There will be very little focus on DBT skills. The majority of the focus of this training will be to help clinicians on how to conduct individual DBT sessions. If your goal is to come to this training in order to learn DBT skills, do not attend. By attending, you understand and consent to knowing this ahead of time.

Training Fee:

\$250 per person. Fee includes training materials (excluding book by Dr. Linehan), continental breakfast and lunch for 5 days.

Dates/Location:

August 12-16, 2019 | Great Wolf Lodge, Traverse City | [REGISTER HERE](#)

Co-Occurring College Registration Now Open!

Registration is now open for the 2019 Co-Occurring College! Click [HERE](#) for all the details, CE information and registration link.

The Michigan Department of Health and Human Services & the Community Mental Health Association of Michigan are pleased to host a statewide conference focusing on people who have substance use disorders as well as mental health disorders. These individuals are diagnosed as having co-occurring disorders, or dual

disorders. This is also sometimes called a dual diagnosis. This unique training opportunity will focus on program development, implementation, sustainability, and impact.

Date: Tuesday, July 30, 2019

Times: Registration check-in begins at 8:00am | Education will run from 9:00am-4:15pm

Location: DoubleTree by Hilton Hotel Bay City - Riverfront (1 Wenonah Park Place, Bay City, MI 48708)

Training Fee: \$125 per person. The fee includes training materials, breakfast and lunch.

Continuing Education: Full participation in the COD College qualifies for up to 6 social work CEs as well as 6 specific SUD credits. See brochure, linked on our website, for more information.

Individualized Service Plans Using the ASAM Criteria and Motivational Interviewing Trainings

- August 13-14, 2019 – Hilton Garden Inn, Detroit
- August 27-28, 2019 – Radisson Plaza Hotel, Kalamazoo
- September 24-25, 2019 – Great Wolf Lodge, Traverse City

Visit www.cmham.org for more information.

20th Annual Substance Use Disorder and Co-Occurring Disorder Conference

“Innovative Strategies for Today’s Challenges”

Pre-Conference Workshops: September 15, 2019 (*registration coming soon*)

Full Conference: September 16-17, 2019 (*registration now open!*)

Cobo Center, Detroit, MI

[Click here for more information about attending or exhibiting at the conference.](#)

Who Should Attend: This conference attracts more than 1,200 attendees including board members, oversight policy board members, administrators, financial directors, medical directors, clinical directors, prevention, treatment and recovery professionals, case managers, recovery coaches and those with lived experience. This educational opportunity is intended for providers in the substance use and co-occurring disorders field at all levels of practice (beginning, intermediate and/or advanced).

45th Annual National Association for Rural Mental Health Conference

August 26-29, 2019

45th Annual National Association for Rural Mental Health Conference

La Fonda on the Plaza Hotel

Santa Fe, New Mexico

The National Association for Rural Mental Health (NARMH) invites you to attend the 2019 NARMH Annual Conference. Registration is now open and you can register online at www.narmh.org.

About Our Conference: The National Association for Rural Mental Health (NARMH) Annual Conference is the premier interdisciplinary mental health event for rural families and peers, community members, clinicians, researchers, administrators and policy professionals. Now in its 45th year, the NARMH Annual Conference provides a collaborative environment for all participants across professions to learn and network on a myriad of vital issues concerning mental health practice, research, policy and advocacy in rural and remote populations.

CMHA WEEKLY UPDATE

Our Conference Theme: The 2019 NARMH Annual Conference theme is “From Surviving to Thriving: Embracing Connections”. NARMH “rode the winds of change” in Santa Fe in 2002, and now we return in 2019 to see what we have learned, what has changed, and where we are headed. We want to learn from communities who have gone from surviving to thriving and how that impact is maintained and enhanced. We want to get to know each other and have fun together.

There are over 60 breakout sessions with topics focusing on the following areas: Surviving to Thriving, Workforce Issues, Innovations in Service Delivery, Dilemmas in Addressing Trauma, Rural and Frontier Workforce Development Strategies, Embracing the Reality of Behavioral Health in Rural Communities – Struggles, Responses and Successes, Co-Occurring Substance Use Disorders and Other Topics. The plenary sessions include: 1) The Path to Thriving: Strategic Doing and Rural Mental Health; 2) From Surviving to Thriving in American Indian Communities: Transcending Historical Trauma; 3) Introducing the MHTTC- A New Workforce Development Resource; and 4) The Very Large Array of Youth and Adult Peer Support. The conference also features a Reception with Flamenco Dancing as well as a NARMH Night at the Movies showing the film: The Providers.

There is no better place to do that than the City Different, Santa Fe, New Mexico. Bienvenidos! Visit the NARMH website at www.narmh.org to explore the details of the 2019 NARMH Annual Conference. We look forward to seeing you in Santa Fe!

Questions & General Information: If you need additional information after visiting the NARMH 2019 conference website at www.narmh.org, please contact Brenton Rice, NARMH Event Planner, by email at brenton@togevents.com or by phone at 651.242.6589.

CRA Announces 2nd Annual Crisis Residential Conference Registration



Registration is now open for the 2nd **Annual Crisis Residential Conference**, October 3rd & 4th in Grand Rapids, MI!

Hosted by the Crisis Residential Association, this conference is open to providers, payers, and advocates for residential alternatives to psychiatric hospitalization for youth and adults.

Plenary Speakers include:

Dr. Debra Pinals, MD,

Medical Director of Behavioral Health and Forensic Programs
Michigan Department of Health & Human Services

Marilyn Kresky-Wolff, MSW, MPH

Executive Director (Retired)

Open Arms Housing, Inc., Washington, D.C.

Dr. William Beecroft, MD

Medical Director of Behavioral Health
Blue Cross Blue Shield of Michigan

- Register at <https://www.crisisresidentialnetwork.com/2019-cra-conference.html>. Discounts available for CRA members.
- Our Call for Presentations has been extended! Interested presenters can submit their workshop proposals <https://tinyurl.com/CrisisResConCFP>.
- Sponsorship opportunities are also available! Visit the CRA website to learn more.

About CRA

The Crisis Residential Association exists to support the operational and clinical functions of Crisis Residential programs around the world. Founded in 2018 and rooted in the values of empathy, recovery, and continuous improvement, the association seeks to connect providers with the best ideas in behavioral health treatment to transform the way people receive mental health care. Learn more at www.crisisresidentialnetwork.com.

Miscellaneous News and Information:

Michigan Health Endowment Fund Announces Behavioral Health Position Opening

We have a job opening! We're searching for a program manager to support our behavioral health team in Lansing, which is focused on improving access to mental health and substance use disorder services.

The Health Fund is full of energetic, compassionate, and welcoming people. Apply as soon as you can—we're reviewing applications on a rolling basis. And please share with your networks!

The job description is below, as well as on our website for more information.

Program Manager, Behavioral Health

The program manager will collaborate with the Health Fund's behavioral health team to support grant activity including proposal review; grant management; research and policy; education and technical assistance; communications; and other programmatic support.

The position will be based in Lansing, Michigan.

RESPONSIBILITIES

PROGRAMMATIC SUPPORT

- Help develop RFPs and supplemental materials such as webinars, one-pagers, etc.
- Assist with proposal review process and draft recommendations for the grantmaking committee and board of directors
- Review, analyze, and take action on grant reports to monitor progress, challenges, and emerging trends among funded projects
- Assist with grantee convenings, trainings, and other events

CMHA WEEKLY UPDATE

- Participate in cross-program meetings and activities, including Community Health Impact program
- Serve as first point of contact for programmatic inquiries

TECHNICAL ASSISTANCE

- Proactively solve problems and overcome obstacles to help grantees succeed
- Identify grantees in need of evaluation assistance and work with program and evaluation teams to manage the process
- Help plan cross-grantee technical assistance around common challenges
- Work with evaluation team to assess grantee results and identify insights
- Help solicit, retain, and manage contractors

PROGRAM COMMUNICATIONS

- Work with communications team to develop and implement program-specific communications strategies, messaging, and timelines
- Identify newsworthy or noteworthy stories and articulate links across grantees; work with evaluation and communications teams to share success stories with key audiences
- Serve as subject matter expert, help draft and edit program-specific content for various publications and channels

PROGRAM COMMUNICATIONS

- Research current trends and best practices in program areas and potential new models of care
- Identify gaps or areas in need of reform within the current systems, and work with the program, evaluation, and policy teams to develop a strategy to address those gaps and/or issues
- Research current state policies and how they impact behavioral health services, which may include researching other states' policies or contracting with outside experts
- Work with policy and communication teams to disseminate findings to target audiences

QUALIFICATIONS

- Bachelor's degree required
- Minimum of three years of program experience in healthcare, nonprofit, or philanthropy
- Knowledge of behavioral health landscape, including strategies to implement integrated care
- Excellent administrative and organizational skills with a strong attention to detail
- Excellent writing skills, both technical and for a general audience
- Strong critical thinking skills
- Ability to manage multiple priorities, projects, and timelines
- Excellent research skills, including the ability to form research questions, investigate a variety of sources, and synthesize findings
- Self-motivated problem-solving abilities
- Demonstrated ability to work well individually and as part of a team

TO APPLY

Please send your resume and a one paragraph written narrative describing why you are interested in the position to Julie Skubik at info@mihealthfund.org.

The Health Fund encourages everyone to apply. We do not discriminate based on race, religion, color, national origin, sex, sexual orientation, gender identity, age, status as a protected veteran, status as an individual with a disability or other applicable legally protected characteristics.

CMH Association's Officers and Staff Contact Information:

CMHA Officers Contact Information:

The Officers of the CMH Association of Michigan recently proposed, in their commitment to fostering dialogue among the members of the Association with the Association's leaders, that their contact

CMHA WEEKLY UPDATE

information be shared with the Association membership. While this dialogue will not take the place of the regular dialogue and decision making that occurs during the meetings of the Association's Executive Board, Steering Committee, Provider Alliance, Association Committees, Directors Forum, PIHP CEOs meeting, nor any of the great number of Association-sponsored and supported dialogue venues, the Officers want to ensure that the members of the Association can reach them to discuss issues of interest to the Association's members. The contact information for the officers is provided below:

President: Joe Stone Stonejoe09@gmail.com; (989) 390-2284
First Vice President: Craig Reiter; gullivercraig@gmail.com; (906) 283-3451
Second Vice President: Carl Rice Jr; cricejr@outlook.com; (517) 745-2124
Secretary: Cathy Kellerman; balcat3@live.com; (231) 924-3972
Treasurer: Randy Kamps; randyk@4iam.com; (231)392-6670
Immediate Past President: Bill Davie; bill49866@gmail.com; (906) 226-4063

CMHA Staff Contact Information:

CMH Association staff can be contacted at (517) 374-6848 and via the e-mail addresses below:

Alan Bolter, Associate Director, abolter@cmham.org
Christina Ward, Director of Education and Training, cward@cmham.org
Monique Francis, Executive Secretary/Committee Clerk, mfrancis@cmham.org
Nakia Payton, Data-Entry Clerk/Receptionist, npayton@cmham.org
Dana Ferguson, Accounting Clerk, dferguson@cmham.org
Michelle Dee, Accounting Assistant, acctassistant@cmham.org
Anne Wilson, Training and Meeting Planner, awilson@mham.org
Chris Lincoln, Training and Meeting Planner, clincoln@cmham.org
Carly Sanford, Training and Meeting Planner, csanford@cmham.org
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Alexandra Risher, Training and Meeting Planner, arisher@cmham.org
Robert Sheehan, CEO, rsheehan@cmham.org