



WEEKLY Update

July 3, 2020

COVID-19 Resources: CMHA has developed a curated set of COVID-19-related resources and announcements from a range of reputable state and national sources. That curated set of resources, which will be regularly updated, **is available by [CLICKING HERE](#)**.

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CMH Association and Member Activities

New! Livingston CMH in the news: Mental health calls continue to rise Michigan COVID-19 outbreak nears fifth month

Below are excerpts from a recent press story featuring Livingston County Community Mental Health.

Unlike isolated geographical disasters such as floods and tornadoes, the COVID-19 pandemic affects everyone, Livingston County Community Mental Health Director Connie Conklin said.

"This has impacted everybody. I'm not exempt, other people are not exempt," she said. "Now is the time to normalize the fact that everyone needs support at times."

During the beginning of the outbreak in Michigan, in March, Conklin said there was a lull in calls, but now as the pandemic continues through its fourth month, calls are starting to increase.

"I think we are starting to see some of the effects of isolation," she said. "There is loss of jobs, people have lost loved ones and they haven't gone through the grieving process. They hit the pause button. That's not healthy for people."

The full article can be found [here](#).

New! Cultural and linguistic competence resources provided via CMHA/MHTTC/SAMHSA partnership

Over the past several weeks (years, decades, centuries), the issue of racial justice has been on the minds and woven into the lives of many Americans. Several months ago, prior to the latest set of events, both tragic and heroic, and news stories around racial justice, CMHA had started the development of several initiatives centered around cultural and linguistic competence and racial justice.

These initiatives are being highlighted in the Weekly Update, with this being the second in a series.

Education and training offerings on cultural and linguistic competence provided via

CMHA/MHTTC/SAMHSA partnership: The Community Mental Health Association of Michigan (CMHA) is the Michigan partner of the SAMHSA-funded Great Lakes Mental Health Technology Transfer Center (Great Lakes MHTTC). Through this partnership, CMHA regularly makes available, to its members and stakeholders, of education and training offerings on a range of evidence based and promising mental health prevention and treatment practices. Over the last several months, this partnership has made available a significant number of resources around cultural and linguistic competence. Some of those offerings are listed below:

Webinar series: delivering culturally relevant services during COVID-19 pandemic:

- [The Morbidity of National Trust and Health Disparities: Past, Present, and Future\(Part 1\)](#)
- [Culturally Responsive Factors to Consider \(Part 2\)](#)
- [Culturally Responsive Factors to Consider for the Hmong Population \(Part 3\)](#)
- [Building Skills for Cross-Cultural Communication and Resilience During COVID-19](#)
- [From Cultural Competence to Structural Competence](#)
- [From Cultural Competence to Structural Competence – Strategies for Achieving Mental Health Equity](#)
- [Responding to COVID-19 | Mental Health Disparities](#)
- [Cultural and Linguistic Competence Trainings](#)
- [Master's Series Cultural Competence Intensive Training Collaborative: Informational Webinar](#)
- [Peer Services Consultation Office Hours: Cultural competence, cultural awareness, and cultural integrity](#)
- [Integrating Cultural and Linguistic Competence: Leading from Where You Are](#)

National MHTTC websites on Racial Equity and Cultural Diversity: An additional resource, supported through the CMHA/MHTTC/SAMHSA partnership, is a set of national websites providing a wide range of

sound cultural and linguistic competence materials. The links to these websites and their descriptions can be found [here](#).

New! Social media posts to highlight findings of CMHA/CHI2 white paper “A Tradition of Excellence and Innovation: Measuring the Performance of Michigan’s Public Mental Health System”

Over the last several decades, policy makers and elected officials have debated and implemented a range of plans for redesigning Michigan’s public mental health system. Unfortunately, some these system redesign proposals have been based on a lack of accurate information on the performance of that system. To provide an accurate picture of the performance of Michigan’s public mental health system, the Center for Healthcare Integration and Innovation (CHI2) recently issued a white paper that examines the performance of Michigan’s public mental health system against a number of state-established and national standards. This white paper can be found [here](#).

This paper underscores the very high levels of performance that Michigan’s public mental health system, in partnership with the Michigan Department of Health and Human Services (MDHHS), has demonstrated, over decades, on a number of dimensions of healthcare quality and innovation.

Social media posts, highlighting the key findings of this report, will soon be appearing on a number of social media platforms (Facebook and Twitter). Below is a sample of those posts:



Michigan’s public mental health system is nationally recognized as one of the most comprehensive, innovative, person-centered and community-driven systems in the country. Measuring dimensions of health care quality and innovation, Michigan’s system surpasses most states and systems.



Thanks to the work of public behavioral health care providers, Michigan ranked 6th in the 2019 State of Mental Health in America Report for services and outcomes for adult services. This puts Michigan among the top 12% for awareness and access to mental health.



Michigan’s public mental health system has a medical loss ratio of 94%, which means 94% of the budget is spent on actual care while only 6% is spent on administrative costs. These numbers are a testament to providers’ commitment to a person-centered system.



Michigan's public mental health system is comprised of 10 public regional entities, 46 public community mental health systems and has more than 100,000 individuals providing mental health services.

Pursuit of healthcare
integration and
evidenced-based
practices



More than 620 integration efforts led by the public mental health system take place throughout the state to lower costs of services, increase access to care, improve preventative intervention and serve the whole person.

State & National Developments and Resources

New! BHDDA issues guidance: COVID-19 Testing Guidelines for Individuals who may be Sensitive to Testing or have Decision-Making Challenges

Below are excerpts from a recently released communication from the Behavioral Health and Developmental Disability Administration (BHDDA) within the Michigan Department of Health and Human Services (MDHHS).

Regarding whether consent is needed to test for COVID-19 for residents/patients in a psychiatric hospital, unit, AFC setting, nursing home, home for the aged, or other settings where vulnerable populations are found:

This is a topic of ongoing discussion that will continue to evolve with new public health mandates and orders.

Informed Consent is required for testing. Informed consent may be secured in a written form or verbally. When a person is asked to submit to a COVID-19 test, it is important to remember that adults of sound mind are permitted to refuse medical procedures. Proper informed consent needs to include an explanation of the risk of such refusal and the benefits of the intervention. Similarly, psychiatric patients and all adults are presumed competent, and therefore should be allowed to decline testing as well, presuming their decision-making is sound and has not been adjudicated otherwise.

The full communication can be found [here](#).

Other BHDDA communications related to COVID-19 responses and practices can be found [here](#).

New! MDHHS to provide free naloxone to community organizations and individuals statewide

Below are excerpts from a recent press release from MDHHS regarding naloxone distribution plans.

Naloxone can be requested via online portal to reverse opioid overdoses and save lives

The Michigan Department of Health and Human Services (MDHHS) has launched an online portal where community organizations can request free naloxone, a medication that reverses opioid overdoses and saves lives. The portal can be found [here](#).

In 2018, opioid overdoses killed more than 2,000 Michiganders, or an average of five people every day. Turning the tide on the epidemic remains an urgent priority for Gov. Gretchen Whitmer, the Michigan Opioids Task Force and MDHHS. In the middle of the COVID-19 pandemic, which may have disrupted resources that people who use drugs rely on, access to naloxone is critical.

Naloxone saves thousands of lives each year by reversing the effects of an opioid overdose. However, a recent study found that only 25 percent of individuals using opioids in southeast Michigan had access to naloxone. Expanding naloxone access, especially for individuals at high risk of overdosing, is imperative and an integral part of Michigan's response to the opioid crisis.

"Getting naloxone into the hands of people who are most likely to be able to save a life is important," said Dr. Joneigh Khaldun, chief medical executive and chief deputy for health at MDHHS. "MDHHS is proud to partner with community organizations to make it as easy as possible to access free naloxone, reducing the devastation caused by the overdose epidemic."

The portal is available to any community organization statewide, including substance use treatment providers, non-profits, harm reduction organizations, jails, first responders, local governments and small businesses. MDHHS will review organizations' plans for distributing naloxone, especially to individuals at high risk of overdose. If approved, the organization will receive naloxone by mail; shipments are in increments of 12 kits and organizations are expected to have a plan for distribution and training for individuals at risk of overdose on how to use naloxone.

Separately, NEXT Naloxone has also partnered with MDHHS to offer individuals free naloxone delivered by mail. Providing naloxone by mail-order will help people who cannot access naloxone in their area, have insurance barriers or other challenges.

NEXT Naloxone is a free, online service that makes naloxone available to people who use drugs, their families and friends, and others who may witness and respond to an overdose. NEXT Naloxone is available in Michigan through funding from Vital Strategies and a partnership with the harm-reduction organization The Grand Rapids Red Project. Individuals can place an order for mail delivery at Naloxoneforall.org/michigan.

To help community organizations plan their naloxone distribution strategy, MDHHS has also released a memorandum on the state's strategy and guidance on naloxone distribution. To get naloxone into the hands of people who need it most and to save as many lives as possible, MDHHS recommends that organizations distributing naloxone:

- Target distribution to individuals actively using opioids: Individuals actively using opioids are most likely to need naloxone – and are often best placed to respond immediately to overdoses.
- Ensure that individuals at highest risk of overdose have naloxone: Some individuals face heightened risk of overdose and equipping them with naloxone is especially impactful, including individuals leaving incarceration, individuals leaving abstinence-based treatment or detoxification programs, individuals who experience a non-fatal overdose and post-partum women.
- Make it as easy as possible to access naloxone: Providing easy access, by distributing naloxone at locations individuals using substances already visit and addressing stigma, maximizes the chances that an individual in active use will successfully obtain it.

For more information, please visit Michigan.gov/Opioids.

State Legislative Update

New! FY20 Budget Deal and other updates

As announced at the Governor's press conference earlier this week, a compromise has been reached between Governor Whitmer and Legislative leaders on a path forward to address the \$2.2 billion deficit for the current Fiscal Year (FY) 2020. The details of the deal include:

- \$950 million from the federal coronavirus relief fund (CRF)
- \$350 million draw down from the Budget Stabilization Fund ("Rainy Day" Fund). To extract more than 25% from the \$1.1 billion fund requires 2/3 majority vote, which we fully expect the legislature to achieve
- \$490 million in savings through austerity measures in state government, including stay employee hiring freezes, lay-offs and discretionary spending freezes
- \$256 million reduction to K-12 schools (*offset by federal CRF dollars*)
- \$200 million reduction to universities and community colleges (*offset by federal CRF dollars*)
- \$97 million reduction to local governments (*offset by federal CRF dollars*)
- \$340 million adjustment to Medicaid funding. This reduction in state dollars is, in part, financed by the enhanced federal match rate spurred by the federal state of emergency. Other savings baked into this figure include \$125 million in required state match for FEMA that can be paid with federal coronavirus dollars and \$35 million savings from changed assumptions about

Medicaid managed care actuarial soundness (justified by the delay/cancellation of elective medical procedures).

To view a one-pager from the Governor, Speaker Chatfield and Majority Leader Shirkey that breaks down how the federal money is being allocated, please click on the link below:

https://content.govdelivery.com/attachments/MIEOG/2020/06/29/file_attachments/1485037/Budget%20Agreement.pdf

As far as process, some of these pieces can be addressed unilaterally through the executive branch while others will require legislative involvement. It is yet unclear how the various pieces will come together (i.e. via an executive order or otherwise) but the legislature has scheduled session days for the week of July 20, presumably to address FY 20 budget issues.

In other news, Governor Whitmer announced at her press conference that the regions of the state that are in Phase 4 of the 6-phase [MI Safe Start Plan](#) (Regions 1-5, 7 and 9) will remain in that phase for now. She also announced that we could see additional restrictions in some areas announced in the coming days. The Governor had previously indicated that those regions could transition to Phase 5 by July 4; however, due to a precipitous rise in daily cases in certain areas, such as Grand Rapids and Lansing, the transition plan is on hold. The Upper Peninsula and areas surrounding Traverse City (Regions 6 and 8) remain in Phase 5. According to numbers released today by the Michigan Department of Health and Human Services, Michigan reported 373 new COVID-19 cases over a 24 hour period, the largest numbers in 30 days.

Additionally, we wanted to share that on Monday, June 29, Governor Whitmer signed [Executive Order 2020-138](#), rescinding and scaling back aspects of [Executive Order 2020-86](#), which addresses the furnishing of virtual health care services, including mental health care, drug treatment, and home health services. The new order comes in response to the [signing of new public acts](#) that help streamline access to telehealth services, including mandating reimbursement for remote patient monitoring. As these bills codified aspects of EO 2020-86, it was necessary to repeal some of the provisions that are no longer necessary and retain only those provisions that remain necessary.

New! Executive Orders Signed

Currently, Governor Gretchen Whitmer has signed over 100 Executive Orders in response to COVID-19. Below is the most recent list of Executive Orders with the topic and a hyper link accessing the Executive Order below.

For a complete list of Governor Whitmer's Executive Orders click on the link below:

https://www.michigan.gov/whitmer/0,9309,7-387-90499_90705---,00.html

- **Executive Order 2020-137** – Protecting the Food Supply and Migrant and Seasonal Agricultural Workers from the effects of COVID-19, please click [here](#) to access Executive Order 137.
- **Executive Order 2020-138** – Encouraging the use of telehealth services during the COVID-19 emergency, please click here to access Executive Order 138.

- **Executive Order 2020-140** – Temporary suspension of youth work permit application requirements, please click [here](#) to access Executive Order 140.
- **Executive Order 2020-141** – Providing alternative notice of public hearings under Michigan’s tax abatement statutes, please click here to access Executive Order 141.
- **Executive Order 2020-142** – Provision of PreK–12 education for the 2020–2021 school year, please click [here](#) to access Executive Order 142.
- **Executive Order 2020-143** – Closing indoor service at bars, please click [here](#) to access Executive Order 143.

Federal Update

FCC Chairman Announces Plan to Implement 9-8-8 Suicide Prevention Lifeline by 2022

At the National Council’s Hill Day at Home earlier this week, Ajit Pai, Chairman of the Federal Communications Commission, announced that the agency will be finalizing implementation of 9-8-8 as the three-digit dialing number for the National Suicide Prevention Hotline by July 2022. According to the Chairman, 9-8-8 may be available via certain carriers before 2022, but the two-year window is the quickest feasible implementation timeline. The National Council applauds Chairman Pai and the FCC for their work to put mental health crises on the same footing as other, physical emergencies by creating a three-digit emergency dialing code that will undoubtedly save countless lives.

Education Opportunities

CMHA Takes Trainings Virtual!



The COVID-19 pandemic continues - but so does the need for trainings. **CMHA will NOT be holding any in-person trainings or conferences through September 30, 2020 – we’re moving to a virtual setting when possible.** The virtual training format will provide an excellent opportunity to keep current with best practices (clinical, administrative, governance) and allow attendees to obtain continued education credits. Watch for this graphic on future training notices so you can easily identify virtual trainings.

If you are already registered for an in-person training, the event coordinator will be emailing you directly with more information soon. Please check our website [by clicking here](#) to determine the status of your training/conference as some are rescheduled virtually for new dates and times, or have been cancelled. Check back often as updates are posted daily.

CMHA Annual Spring/Summer Conference moves to a VIRTUAL CONFERENCE!



2020 Annual Summer Virtual Conference August 17 – 21, 2020

**Virtual Education & Networking
Each day from 9:00am – 12:30pm**

Stay tuned for more details soon!

Registration Open - VIRTUAL Ethics for Social Work & Substance Use Disorder Professionals Trainings

Community Mental Health Association of Michigan is pleased to offer Ethics for Social Work & Substance Use Disorder Professionals Trainings presented by Tom Moore, LMSW, LLP, CCS, Owner and Principal, Two Moons, LLC online through Zoom.

This training fulfills the Michigan Social Work Licensing Board's requirement for licensure renewal for ethics.

This training fulfills the MCBAP approved treatment ethics code education – specific.

Dates:

- July 13, 2020 (*training full*)
- August 17, 2020 (*training full*)
- October 5, 2020 (*29 spots left*)
- November 2, 2020

Agenda:

Education: 8:30am – 11:30am
Lunch Break: 11:30am – 1:00pm
Education: 1:00pm – 4:00pm

Training Fees:

\$103 CMHA Members

\$126 Non-Members

[CLICK HERE TO REGISTER](#) FOR THE AUGUST 17, 2020 TRAINING (*16 spots left*)

[CLICK HERE TO REGISTER](#) FOR THE OCTOBER 5, 2020 TRAINING

[CLICK HERE TO REGISTER](#) FOR THE NOVEMBER 2, 2020 TRAINING

Registration Open - VIRTUAL Pain Management and Mindfulness Trainings

Community Mental Health Association of Michigan is pleased to offer Pain Management Trainings presented by Tom Moore, LMSW, LLP, CCS, Owner and Principal, Two Moons, LLC online through Zoom.

This course qualifies for 2 CE's and fulfills the Michigan Social Work Licensing Board's requirement for licensure renewal for pain management.

Dates:

- July 20, 2020 (*training full*)
- August 3, 2020 (*10 spots left*)

Agenda:

Education: 9:00am – 11:00am

Training Fees:

\$39 CMHA Members

\$47 Non-Members

[CLICK HERE TO REGISTER](#) FOR THE JULY 20, 2020 TRAINING (*training full*)

[CLICK HERE TO REGISTER](#) FOR THE AUGUST 3, 2020 TRAINING (*38 spots left*)

Wraparound Conference

New Dates: Monday, September 28, 2020 – Wednesday, September 30, 2020

Self-Determination Conference Moving Virtual September 2020!

This conference will broaden and deepen your understanding of the crucial elements of Self-Direction and the importance of Self-Determination in Behavioral Health. It will provide training and technical assistance on the topics of Effective Person-Centered Planning, Independent Facilitation, Supported Decision-Making, Fiscal Intermediaries, How to Structure Self-Directed Service Arrangements, Budget Development, and more. Dynamic presenters and speakers will reenergize your commitment to the principles and practice of Self-Determination!

Who Should Attend?:

This conference contains content tracks appropriate for all individuals who receive services, family members, case managers, supports coordinators, clinicians, CMH administrative and clinical staff, providers, HCBS and waiver coordinators, fiscal intermediaries and independent facilitators.

Registration available soon, check [CMHA website](#) for more information and updates.

LOCUS Specialty Trainings

Michigan Department of Health and Human Services and Community Mental Health Association of Michigan present: LOCUS Specialty Trainings – Virtual Information to come soon!

- July 21, 2020 (Rescheduled from April 21) – Virtual

Prerequisite: Basic Understanding of the LOCUS

Each course qualifies for 2.5 Social Work Contact Hours and 2.5 Related MCBAP Contact Hours

Enhancing Your LOCUS Skills: 9:00 AM – 11:30 AM

Audience: LOCUS Users, Trainers, Supervisors

Description: This workshop is designed for those individuals who want to fine-tune and enhance their understanding and use of the LOCUS. Ideal for users of the LOCUS, LOCUS trainers, and organizational supervisors.

Fee: \$0

Quality & Outcome Measurement with the LOCUS: 1:00 PM – 3:30 PM

Audience: Supervisors, Quality Specialists and Managers, Utilization Management, Organizational Leadership

Description: Statewide LOCUS implementation is not without its challenges. This workshop is designed to help organizational leadership define and implement outcome measures associated with the LOCUS. We will explore how use of data capture and analysis supports systemic change to achieve positive outcomes for the individuals served.

Fee: \$0

Registration Open – Virtual Motivational Interviewing College Trainings

Registration has now re-opened for the new VIRTUAL Motivational Interviewing College trainings which includes Basic, Advanced, Supervisory, and the TNT course: Teaching Motivational Interviewing! [For more information and to register now, click the links below.](#)

This event is sponsored by the adult mental health block grant and is intended for persons who serve adults only through the mental health and substance abuse provider network in the state of Michigan. It contains content appropriate for CEOs, COOs, clinical directors, supervisors, case managers, support coordinators, therapists, crisis workers, peer support specialists and any other practitioners at the beginning, advanced and supervisory levels of practice.

Be sure to review the updated virtual guidelines, terms & conditions in the brochure to ensure you can fully participate in the virtual education. Registration closes 5 business days prior to each training.

Dates	Training	Registration Link
July 27-28, 2020	M.I. Basic	CLICK HERE
July 29, 2020	M.I. Supervisory	CLICK HERE
July 30-31, 2020	M.I. Advanced	CLICK HERE
Aug. 6, 2020	M.I. Supervisory	CLICK HERE
Aug. 10-11, 2020	M.I. Basic	CLICK HERE
Aug. 13-14, 2020	M.I. Advanced	CLICK HERE
Sept. 2-3, 2020	TNT: Teaching M.I.	CLICK HERE

Times:

Registration starts at 8:30am & the training will run from 9:00am-4:15pm for all trainings.

Training Fees:

\$125 per person for all 2-day trainings / \$69 per person for the 1-day Supervisory training. The fee includes electronic training materials and CEs for each day.

Please be sure you're clicking on the correct registration link in the brochure for the date/location you want; unfortunately, full refunds cannot be made when registering for the incorrect date.

Registration Open – Virtual Co-Occurring, Opioid Use, and Cannabis Use Disorder Treatment Planning

Course Description:

Treatment planning for adults with complex mental health, substance use, and physical health needs involves understanding stages of change and system navigation. Collaborating with these individuals on their wellness and recovery planning requires motivational approaches and often interventions that are more effective for early stage readiness. The prevalence of cannabis and opioid use makes these cases even more demanding to navigate.

Add to this, the opioid crisis in the U.S. Since 1999, sales of opioids in the U.S. have quadrupled. From 1999-2015, more than 180,000 people died from overdoses related to prescription opioids. In Michigan, in 2017, there were 1,600 opioid overdose deaths, an increase of 57% from 2016. It is now the #1 cause of accidental death for people under 50. The Centers for Disease Control (CDC) have issued recommendations that include a preference for non-pharmacological therapy. This presentation will provide an overview of a biopsychosocial model of pain, current best practices in pain management, and treatment planning and interventions. Finally, social justice issues for pain management will be addressed with constructs to improve organizationally and individually.

Who Should Attend?

This event is sponsored by the adult mental health block grant and is **only intended for persons who serve adults through CMH, CMH Service Providers, PIHP, and PIHP providers in the State of Michigan.** It contains content appropriate for CEOs, COOs, Clinical Directors, Supervisors, Case Managers, Support Coordinators, Therapists, Crisis Workers, Peer Support Specialists and any other practitioners at the beginning level of practice. This training is designed for persons providing COD services in Adult Mental Health and Substance Use services, including Integrated Dual Disorder Treatment teams.

Dates & Registration Links

- July 10, 2020 | [CLICK HERE](#) for more information and to register now
- July 23, 2020 | [CLICK HERE](#) for more information and to register now

Be sure to review the updated virtual guidelines, terms & conditions in the brochure to ensure you can fully participate in the virtual education. Registration closes 5 business days prior to each training.

Training Fee:

\$65 per person. The fee includes electronic training materials and CEs.

Education & Training Resources from Great Lakes MHTTC



MHTTC

Mental Health Technology Transfer Center Network
Funded by Substance Abuse and Mental Health Services Administration

Weekly Update readers may remember that the Community Mental Health Association of Michigan (CMHA) is the Michigan partner of the SAMHSA-funded **Great Lakes Mental Health Technology Transfer Center (Great Lakes MHTTC)**. The Great Lakes MHTTC, in partnership with CMHA, provides education and training on a range of evidence based and promising mental health prevention and treatment practices. This section of the Weekly Update will regularly feature education, training, and technical assistance offerings from the Great Lakes MHTTC and its partner MHTTCs from across the country.

Catalog of MHTTC resources to be highlighted via new weekly series in CMHA Weekly Update

This month, the Great Lakes Mental Health Technology Transfer Center (MHTTC) makes available a large catalog of Great Lakes MHTTC products at its [Products and Resources](#) webpage. This section of the MHTTC website hosts all Great Lakes MHTTC products along with products developed with their partner TTCs within the region and across the country.

Improving Mental Health Service Access for Farming and Rural Communities

[Register](#)

Session Three

[Providing Mental Health Telehealth Services in Farming and Rural Communities](#)

Thursday, July 9, 2020

1:00–2:00pm, ET, 12:00–1:00pm CT, 11:00–12:00pm MT, 10:00–11:00am MT

News from Our Preferred Corporate Partners

Message from Abilita to audit telecom costs

The impact of COVID-19 has already caused a significant economic impact in Michigan and may force difficult decisions to balance budgets. We believe now is a good time to audit your telecommunications costs for cost reduction. CMHA has endorsed Abilita since 2009 to monitor and implement savings with



[satisfied](#) results according to a survey of their clients. Contact us or Abilita directly for additional information at abilita.com/cmha

myStrength: new digital behavioral health resources empower consumers to move beyond trauma

Trauma is incredibly common. Approximately 90% of U.S. adults have experienced at least one traumatic event in their lives, which can adversely affect emotional well-being and interfere with relationships, work and overall quality of life. Expanding on our diverse whole-person resources, Livongo for Behavioral Health by myStrength is pleased to announce new, digital tools to help individuals move beyond trauma. [Click here to request a demo.](#)

Relias: telehealth resources for working with kids

During times of crisis, the need for mental health and substance use services doesn't stop. In fact, the demand for these services increases as people (including children) begin to experience anxiety, depression, and other mental health issues as a result of the crisis.

Behavioral health organizations and substance use treatment facilities can still provide services (and keep their staff on payroll) by offering telehealth services to meet the demand now and beyond.

[Explore Our Telehealth Toolkit](#)

CMH Association's Officers & Staff Contact Info

CMHA Officers Contact Information:

The Officers of the CMH Association of Michigan recently proposed, in their commitment to fostering dialogue among the members of the Association with the Association's leaders, that their contact information be shared with the Association membership. While this dialogue will not take the place of the regular dialogue and decision making that occurs during the meetings of the Association's Board of Directors, Steering Committee, Provider Alliance, Association Committees, Directors Forum, PIHP CEOs meeting, nor any of the great number of Association-sponsored and supported dialogue venues, the Officers want to ensure that the members of the Association can reach them to discuss issues of interest to the Association's members. The contact information for the officers is provided below:

President: Joe Stone Stonejoe09@gmail.com; (989) 390-2284



First Vice President: Carl Rice Jr; cricejr@outlook.com; (517) 745-2124
Second Vice President: Craig Reiter; gullivercraig@gmail.com; (906) 283-3451
Secretary: Cathy Kellerman; balcat3@live.com; (231) 924-3972
Treasurer: Randy Kamps; randyk@4iam.com; (231)392-6670
Immediate Past President: Bill Davie; bill49866@gmail.com; (906) 226-4063

CMHA Staff Contact Information:

CMH Association staff can be contacted at (517) 374-6848 and via the e-mail addresses below:

Alan Bolter, Associate Director, abolter@cmham.org
Christina Ward, Director of Education and Training, cward@cmham.org
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